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DOWN TO JUST 2 SARAHS

'IN THE FUTURE WE'RE GOING TO LOOK BACK ON THE 40-HOUR WORK WEEK AS A SOCIAL FAILURE' FIRED SARAH NO. 2 TELLS SHANNON PAGE 18

No Metro on Monday

Metro will not be publishing for the Remembrance Day holiday. Look for us again on Tuesday

White-poppy controversy

Some Korean War veterans are not too thrilled with a contentious white-poppy campaign sprouting up in Ottawa PAGE 2

THE LASTING EFFECTS OF WAR

Korean War veteran Frank Bayne, second from right, offers a salute during a wreath-laying ceremony on April 25, 2013, at the United Nations Memorial Cemetery in Busan, South Korea. Bayne was one of 36 Korean War veterans from Canada who participated last spring in a series of commemorative ceremonies marking the 60th anniversary of the Korean War Armistice, which was signed on July 27, 1953. Bayne says he can't forget the traumatic experience of the war, but ultimately feels he and other soldiers made a difference. For more on the story, see pages 6-7. JOE LOFARO/METRO

OC Transpo bus-crash widow copes 'one day at a time'

Accident fallout. As city still grieves tragedy, witness to crash is organizing support group

Terry Woodard says she still looks out the window every day, waiting for her husband Dave to pull up and walk through the door.

But he never will again.

The 45-year-old was killed Sept. 18 when the OC Transpo bus he was driving collided with a VIA Rail train. Five other people were killed in the accident that still seems surreal to Woodard.

"I'm still waiting for him to come home, but it's not going to happen," she told Metro on Thursday.

It's been almost two months since the crash, but for Woodard and her 18-year-old daughter, tough times are ahead. Her husband's birthday is on Dec. 9 and then the holidays hit. It will be the first time she spends a family Christmas without her husband by her side.

"We are coping one day at a time," she added. "There are days when we are OK and there are days when we are not OK."

It's families like the Woodards whom crash witness Wendy Hovdestad hopes to see at her Barrhaven Bus Crash Information & Discussion Evening Friday Night.

Hovdestad was on bus No. 95 right behind the bus that crashed and watched in horror and disbelief as frantic first responders tried to help the injured.

Hovdestad still struggles to cope with witnessing such a horrific event and wants other families and survivors to know "they are not alone."

"I have a lot of background in dealing with people with trauma, so I can expect sleeplessness, anxiety and sadness," she said.

"A lot of people don't have access to counselling and maybe other people are having trouble dealing with this."

The event will be facilitated by counsellor Ellen R. Bell and Pastoral Care Leader Verna Nuttall. The discussion will take place at 7 p.m. Friday at the Barrhaven Fellowship Christian Reformed Church.

TREVOR GREENWAY/METRO

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NEWS 1

White poppy is 'an affront,' say Korean War veterans

Peace advocates. White Poppy Coalition contends that red poppy glorifies war; vets vehemently disagree

JOE LOFARO
joe.lofaro@metronews.ca

Some Korean War veterans are not too thrilled with a controversial white-poppy campaign popping up in Ottawa just days before Remembrance Day, but say the people behind it should be free to do so.

"It's a free country, but I think they're infringing upon what has been historically the red poppy, and the red poppy is more meaningful to us," said Korean War veteran Bill Black. "Controversial, yes it is, but that's what being a free country is all about."

A small group of university students backed by the Ottawa-based Rideau Institute organization says the white poppy promotes peace while the red one glorifies war.

Black says they're wrong and says the group's campaign is "an affront" to those who fought for their freedom.

"It's only a misplaced emblem and it shouldn't be displayed at any time of the year, let alone Remembrance Day," said Black.

Veterans Affairs Minister Julian Fantino also weighed in on the debate, taking the side of veterans, calling it "disrespectful" in a statement to CBC.

Retired corporal Ron Allaire was at a Veterans' Week ceremony Thursday at the Billings Bridge Shopping Centre with Parm Gill, Fantino's parliamentary secretary. Allaire echoed Black's sentiments.

"There's dingbats everywhere. The poppy has a long and honourable tradition and it stands for something, not just something that was pulled out of the sky," said Allaire.

An image of the white poppy taken from the the White Poppy for Peace Campaign's Facebook page. FACEBOOK

In a Nov. 5 press release from the White Poppy Coalition and other groups, supporters said the white poppy "symbolizes an alternative to war as a means of conflict resolution."

The group could not be reached for comment Thursday.

The release also said those who created the white variation chose this symbol "as a pledge to peace that war must not happen again."

"Everybody wants peace," said Allaire. "That's why we went there in the first place."

Canadian veterans stand for the national anthem on Thursday during the 18th annual Veterans Appreciation Day ceremony at the Billing Bridge Shopping Centre. Dozens of local school children and members of the public observed the ceremony, which honoured the sacrifices of Canada's men and women in uniform. JOE LOFARO/METRO

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Cheaper rent, fewer rules make off-campus living more appealing, students say

Joshua Proud, a second-year engineering student at the University of Ottawa, says even if there was more room for students to live on campus, he would still choose to live in a bunkhouse-style home in Sandy Hill.

It's cheaper, more spacious and he and his roommates can pretty much do as they please.

The 19-year-old spoke to Metro outside his house, a building that's been converted from an older single-family home into a rooming house with 25 units.

"There aren't many places on campus," said Proud, who lived in an on-campus residence last year, but said he wouldn't consider it again.

"It's great, but we wanted something that was independent of university because you have to comply with all the rules," he said.

Aside from the rules, Proud just couldn't afford the $820 per month to live on campus. He only pays $550 at his new apartment, which is a 10-minute walk from school.

It's houses like his that are on the rise — older single-family dwellings that have been gutted and renovated to house upwards of 30 kids. It's these houses that have some neighbours concerned about Sandy Hill losing its rustic character.

"The big thing is that Sandy Hill is a historic and diverse community and we are trying to protect that diversity," said resident Bob Forbes, also the vice-president of Action Sandy Hill.

"If it gets too noisy, people will move away."

But it's not only the ugly conversions that have residents in a huff. Several developers are eyeing Sandy Hill as a destination for large-scale student housing — like Viner Asset's proposal to turn several low-rise apartments into a nine-storey apartment complex to house 630 students.

Forbes likes the idea of a large student building, as it may put a stop to older homes being turned into rooming houses, but he doesn't want to see it in his backyard.

"It's a great project if it were somewhere else, if it were on campus," said Forbes.

University of Ottawa housing services director Michel Guilbeault said the school is developing a campus master plan to assess university needs as a whole. He said the priority for housing is finding spots for first-year students —whether that's on campus or off, is the question. He understands the concerns of Sandy Hill residents, but added that "there are only so many places."

"We don't want a residence with 400 students in the heart of their community," said Guilbeault, adding that a dozen of private developers are interested in building off-campus housing.

"Right now, we are considering off-campus and on-campus housing."

TREVOR GREENWAY/METRO

While some Sandy Hill home owners are upset with conversions of older homes into multi-unit dwellings, the allure of cheap rent and few rules may make them inevitable.

TREVOR GREENWAY/METRO

Quoted

"It's great, but we wanted something that was independent of university because you have to comply with all the rules."

Joshua Proud, second-year student at Ottawa University

Two Ottawa police officers are seen in a frame grab from a YouTube video arresting a man outside a Byward Market bar Sept. 6. The video, which shows one officer punching the man as he's being subdued, reportedly after being punched himself, prompted a professional standards review and widespread public debate over use of force. YOUTUBE

Smartphones affecting police work: Study

Change. At least one criminologist saying cops need training — not public surveillance

The rise of smartphone camera videos on social media is changing the way police work, says an Ottawa researcher.

Gregory Brown, a sociology researcher at Carleton University, surveyed 231 officers on the effect that smartphone videos of police brutality had on frontline police, and found that officers are increasingly concerned that any use of force will be recorded and go viral on social media.

In Brown's study, 74 per cent of the officers questioned said that they were so concerned about being videotaped, they were more reluctant to use any show of force on duty. They added that they were also concerned that their reluctance to use force might jeopardize their safety.

But another Carleton professor, criminologist Darryl Davies, says Brown's study is too small to conclude police are camera-shy.

He says many officers don't have the psychological training needed to de-escalate potentially violent situations.

"Use of force would not be an issue if the police govern themselves and use force the way they are trained to," said Davies. "It's when they don't follow the training that they get into trouble.

Davies recommends psychological screening of new recruits and psychological reviews of frontline officers every five years.

"It's a high-stress job and candidates for the police with violent tendencies need to be weeded out because street work is intense. There may well be a lot of post-traumatic stress among their ranks. Mental health issues are a dark secret in police organizations." DENIS ARMSTRONG/METRO

String of injuries

Oh, deer: Hunters in season

A string of accidental shootings have left a number of local hunters injured and police are warning people to take more care with firearms.

OPP are investigating a shooting that injured a hunter near Kemptville, south of Ottawa. Shortly after 2:30 p.m. Thursday, the OPP say they were dispatched to a weapon discharge at 1935 County Road 43, North Grenville. A 23-year old-man was located in the bush with a shoulder wound. He was airlifted to the Ottawa Civic Hospital with a non-life-threatening injury.

Police say they do not suspect foul play and the investigation is ongoing.

Earlier in the day around 11:52 a.m., Stormont, Dundas and Glengarry OPP responded to a call for help at a property on County Road 34, in North Glengarry Township. A 75-year-old man was hunting when he sustained a gunshot wound after his firearm accidentally discharged. He was taken to hospital with a serious but non-life threatening injury. The investigation is continuing.

On Nov. 5, Brockville OPP issued a statement saying three hunters had also been injured in accidental shootings, all on Nov. 4.

SEAN MCKIBBON/METRO

Wabano Centre gets national recognition

Helping turn lives around. Vanier-based community centre awarded the 2013 Eva's Award for Ending Youth Homelessness

When it comes to helping young people get off the street and treated for addictions, few do it as well as Ottawa's Wabano Centre for Aboriginal Health and their groundbreaking s.t.e.p. program.

On Thursday, Eva's Initiatives, a national organization combatting youth homelessness, awarded the Vanier-based community centre their 2013 Eva's Award for Ending Youth Homelessness.

Working with its partners Operation Go Home and the Youville Centre, the Wabano Centre scored a 70 per cent success rate at helping homeless youth reduce or stop their drug use. The Wabano Centre helps about 150 youth through various programs. The success rate was revealed in a survey released Thursday by s.t.e.p. program partners.

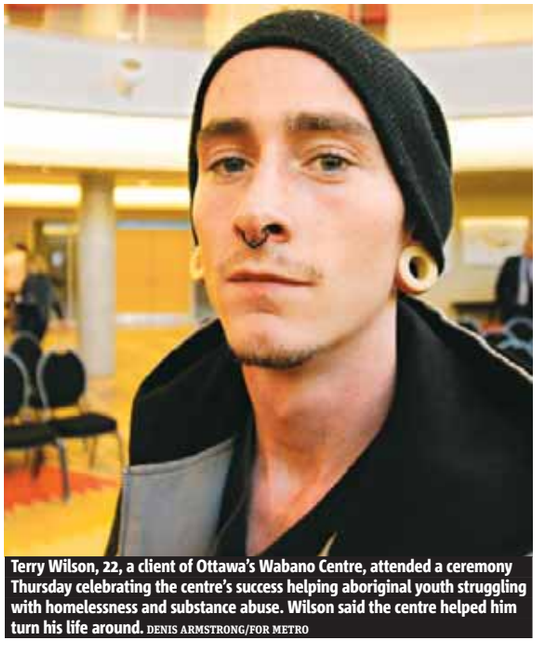
The survey also said that 75 per cent of youth surveyed said the s.t.e.p. program (which stands for support, treatment, education and prevention) helped them rebuild relationships with family, partners, and the community and let them return to a productive life.

Terry Wilson is one of the centre's success stories. The 22-year-old Kingston native said he was homeless, couch-surfing and struggling with addictions for a year before getting involved with Operation Go Home. Today, he's clean and sober and working in recycling.

In addition to the national recognition, the centre received $25,000 which will go to study the progress of youth enrolled in its addiction counselling programs.

One of the program's early champions, Sen. Vern White, called for communities to create more housing and mental health programs to bring an end to homelessness.

"As a community we have a responsibility to prevent youth from falling through the cracks. Substance abuse among young people is a significant problem in Canada," said Sen. White. **DENIS ARMSTRONG/FOR METRO**



Terry Wilson, 22, a client of Ottawa's Wabano Centre, attended a ceremony Thursday celebrating the centre's success helping aboriginal youth struggling with homelessness and substance abuse. Wilson said the centre helped him turn his life around. DENIS ARMSTRONG/FOR METRO

Book launch

Local writers lay down some Ground Rules

Local writers and co-publishers Rob McLennan and Christine McNair will launch the publication of the book Ground Rules: The Best of the Second Decade of Above/Ground Press 2003-2013, Saturday at the Manx Pub on Elgin Street at 5p.m.

The anthology features writing from the second decade of one of the most active micro publishers in Canada, Chaudiere Books.

The event will feature readings from three of the book's contributors: Sharon Harris of Toronto and Ottawa writers Marilyn Irwin and Stephen Brockwell. **METRO**

Weekend closure

Forget that drive along the canal

Starting Saturday, Colonel By Drive will be closed near the Hartwells Locks and Carleton University due to construction. Nov. 9, lanes will be closed in both directions from Hog's Back Road to Bronson Avenue from 7 a.m. to 7 p.m. Nov. 11 to 13, lanes will be closed from 9 a.m. to 3:30 p.m. **METRO**

Miracle League

Group aims to build dream field for disabled kids

A group called The Miracle League of Ottawa is starting a drive to build the first-ever baseball field and playground for children with disabilities. The group's opening pitch is Saturday at the Place D'Orléans Shopping Centre at 10 a.m. **METRO**

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You've got Seoul: Vet's spirit buoyed by pen pal

Remembrance Day. Frank Bayne is still haunted by what he saw during the war but his influence on a young Korean woman's life has helped him find meaning in his suffering

JOE LOFARO
joe.lofaro@metronews.ca

Canadian veteran John Stuber receives a hug from Pastor Won Seong-Jae April 26 as dozens of people greeted Korean War veterans at the Busan train station. JOE LOFARO/METRO

Vet Joel Beaman stands next to the Canadian Korean War Monument in Gapyeong. JOE LOFARO/METRO

Korean War veteran Frank Bayne poses with his longtime Korean pen pal Choi Jeong-Won at a restaurant in Seoul in April 2013. CONTRIBUTED

When Frank Bayne closes his eyes at night, he sees Korea.

He doesn't see the towering skyscrapers of present-day Seoul, or the men and women in suits strolling below, tapping at smartphones bigger than their hands.

What the Guelph, Ont., resident sees are flashbacks of his 14-month service in the final year of Canada's third-bloodiest conflict, the Korean War.

He was manning artillery guns at the peak of Sang Seung observation point, northeast of the South Korean capital in 1953, when, beneath him, in a valley, enemy Chinese soldiers shot his friend Lt. Gerry Meynell in the head and then gunned down another friend, Lt. Doug Banton

At least 514 other Canadians also lost their lives in the 1950-1953 war.

The lasting effects remain after 60 years for veterans like Bayne.

"My wife says she knows when I'm dreaming because my legs are thrashing around like I'm running," said Bayne.

"In the last year, I had one really, really bad nightmare where she had to wake me up because I was whimpering."

But Bayne, 86, has found a way to deal with his suffering.

He started writing to seven schoolgirls in South Korea about 20 years ago through a partnership created by the Korean Veterans Association of Canada.

One girl, named Choi Jeong-Won, has kept the pen-pal tradition alive to this day.

As a child, she would write about her life in Korea, her school, and day-to-day goings-on in the life of a typical South Korean teenager.

In her adult life she wrote one time about feeling like she had disgraced her family by failing her bar exam for the first time.

"So I wrote her back and said, 'You know, I failed many times and please keep trying,'" said Bayne.

Bayne met her for the first time last April at a Seoul hotel while he was there for a visit organized by Veterans Affairs Canada.

In January, the federal government declared 2013 the Year of the Korean War Veteran and sent 36 vets to mark the 60th anniversary of the Korean War Armistice.

"When we met at the hotel she said that (letter) inspired her to keep on going," said Bayne proudly.

She is now in her early 30s and is a lawyer for a shipping company in Seoul, Bayne said. They've exchanged more than 45 letters.

"I feel that I've contributed to having the country the way it is today; that has allowed her to do what she's done," said Bayne. "If we hadn't gone there, the whole thing would have been a whole different story."

He has the camaraderie of his fellow veterans, but he said his relationship with Choi puts a human face on the progress South Korea has made in the last 60 years.

On Monday at his home he was preparing to send a new handwritten letter to Choi. Tucked inside the envelope will be a Canadian Remembrance Day coin as a small token of his thanks.

He recalled her gesture of gratitude when she treated him to dinner after their hotel meeting.

En route to the restaurant in a taxi, the driver got out of the cab, bowed to him and thanked him for his service.

"People in the restaurant, again, they all thanked me for saving the country. It was quite an experience," said Bayne.

Reflecting on his journey back to the bustling metropolis, Bayne said the federal government's declaration of the Year of the Korean War Veteran has helped Canadians remember.

Several people have approached him asking him to speak about the war. This week he was scheduled to speak at a school in Guelph, at the local Royal Canadian Legion, and at a Remembrance Day ceremony.

"In the past, it really was a forgotten war," said Bayne. "And of course it used to make me angry, it used to make quite a few of us angry because people ... always referred to it as the Korean conflict. When somebody would say that I would interrupt and say, 'Well, when I was there, it sure as hell sounded like a war to me.'"

How Canada got involved

25th

The war started on June 25, 1950 when North Korean military forces crossed the 38th parallel into the Republic of Korea.

Other countries

15

Canada joined the war effort in Korea in support of the 15 other United Nations members, including the U.S., Australia, the U.K., and New Zealand, to help defend South Korea.

Quoted

"If we are to avert the danger that threatens the free world, we must martial in increased resources available to resist aggression."

Canadian prime minister Louis St. Laurent on Aug. 7, 1950.

UN involvement

- The United Nations became the first international organization in history to vote in favour of using force to stop an aggressor.
- In response to the North Korean invasion, Canada recruited an army brigade called the Canadian Army Special Force to assist the UN-led mission.
- At the time, prime minister Louis St. Laurent wanted as close to as many troops as in the Second World War as possible.

Troops

26K

Canada deployed 26,000 troops, eight destroyers, and more than 22 RCAF fighter pilots throughout the thee-year war effort in the Korean peninsula.

SOURCE: VETERANS AFFAIRS CANADA, CBC RADIO ARCHIVES

Retired corporal Frank Smyth salutes at the site
JOE LOFARO/METRO

of a gravesite belonging to a Korean War veteran on April 25 at the United Nations Memorial Cemetery in Busan, South Korea.

Senator speaks on what the Korean War means to her

In 1953 an armistice split civil-war-torn Korea in two along the 38th parallel.

Soviet-backed communist North Korea pursued a policy of economic independence and isolationism, and its economy and the welfare of its people has progressively worsened under a succession of totalitarian dictators.

South Korea meanwhile has improved its lot, transferring from a military dictatorship to democratic elections in 1987 and electing its first civilian president in 1993. The country has grown into a high-tech and manufacturing powerhouse with a GDP of $1.13 trillion US in 2012. It's considered the world's 12th-largest economy.

Canadian Senator Yonah Martin came to Canada in 1972 and is the first woman of Korean descent to be appointed to the Senate.

She says Canada's fight in the Korean war was worth it.

"I would not have been born, I would not be here today. So I owe my life to those who went to Korea and served," Martin told Metro.

"The Korea today is unrecognizable as everyone knows from the time of the war where Korea was literally the second-poorest country in the world and the Canadian sacrifice has not gone unnoticed. Korea was still a developing country back then and I'm amazed every time I return at what Korea has become." JOE LOFARO/METRO

What does Remembrance Day mean to you?

"A day to remember all that they've done for us and remember that they put their lives out there just so we could live and we could be safe."

Amanda O'Brien, Halifax, Grade 7

"I'm remembering all those people who not just fought but also died or maybe didn't make it in the war."

Keegan Mason, Calgary, Grade 9

"It's a day to remember those who sacrificed their lives in war for Canada, and remember why they did it."

Miguel Baluyot,14, Gloucester, Ont., Grade 9

What do you think of Canada's armed forces?

"I think they're amazing and we really need to thank them more."

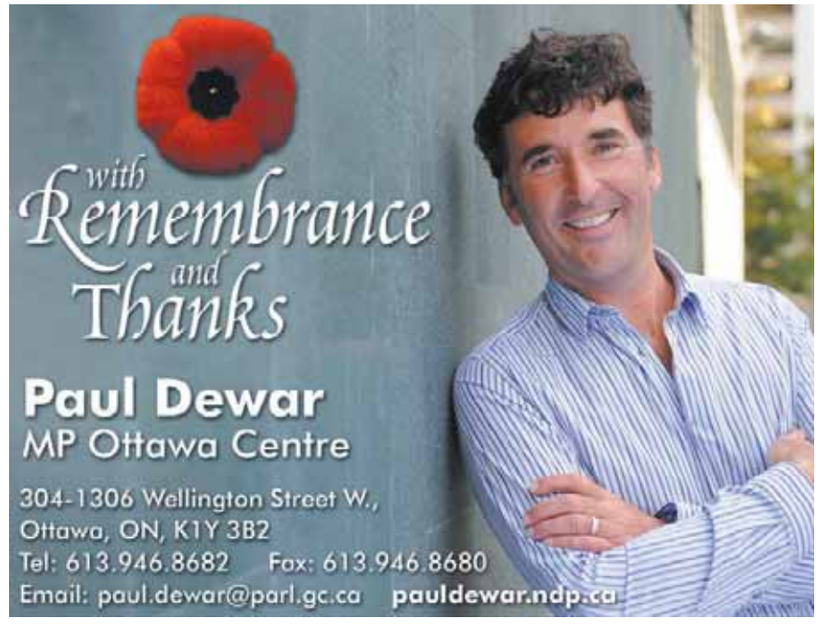
Emily Kha, Calgary, Grade 9

"They're very successful in protecting us and keeping us happy and safe."

Emily Konkolus, Edmonton, Grade 6

"We don't want war, so that's why we're decreasing the level of war and we're increasing the level of love."

Janusan Jeyara, Toronto, Grade 7



Ford family flock to mayor's aid after release of rage-filled video

'Rude awakening.'
Sister calls Ford a binge drinker but no addict, mother blames pressure

The mayor's sister, Kathy Ford, left, and mother, Diane, in a screengrab from their interview with TV station CP24. METRO

Members of Rob Ford's family sprang publicly to his defence for the first time Thursday amid a growing scandal that threatens to force him out of the mayor's office.

In an interview with CP24, Ford's sister Kathy and mother Diane blamed the pressures of the job, his political opponents and relentless media hounding for his problems.

"The pressure that has been put onto him, since Day 1 since he was elected, it is not fair," his mother said.

His sister denied Ford was a drug addict or alcoholic and insisted he would stay on.

"I know because I'm a former addict," Kathy Ford said.

His sister did concede he tends to binge drink and make a "fool out of himself."

"When Robbie drinks, I think he just goes full tilt."

But Kathy said the problem pales in comparison to his achievements.

"He has done so much other things than this," Kathy said.

"My heart breaks for my son," Diane Ford said. "It really, really does, because he's been attacked."

She called the growing scandal — which includes a video showing Rob Ford apparently smoking crack cocaine and another showing him threatening to kill someone in a profane tirade — unfortunate.

"To err is human but to forgive is divine ... but here there is no forgiveness," Diane Ford said.

"Forgiveness isn't in the eyes of the media right now."

His family believes there's no need to send him to rehab, as many of his closest allies have urged.

The crisis has been a "rude awakening," they said, but both insisted he is strong enough to get through and continue on as mayor.

"All the good that he has done, that's all been overlooked," his mother said. "That's just so hurtful."

Diane Ford did say the mayor has a problem.

"He's got a huge weight problem," she said.

THE CANADIAN PRESS

Fairness

"My heart breaks for my son. It really, really does, because he's been attacked."
Mother Diane Ford

Labels

"Robbie is not a drug addict. I know because I'm a former addict."
Sister Kathy Ford

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Ongoing conflict

Chief says he didn't know of new video

The chief of police says a new video of Mayor Rob Ford making death threats while "inebriated" is not part of an ongoing investigation into the mayor, his activities and associates.

Chief Bill Blair said he became aware of a cellphone video showing Ford swearing profusely while, in the mayor's words, "inebriated" after it was published Thursday afternoon.

"I'm not going to make any comment on the matter," Blair said Thursday.

The latest video comes after a week of stunning revelations about the mayor, including his admission earlier this week that he smoked crack cocaine about a year ago.

On Tuesday, the mayor's brother Coun. Doug Ford called for Blair to step aside — a shift for the Ford brothers, who have long been adamant supporters of the chief and police.

Doug Ford alleged Blair was on a "witch hunt" and had a conflict-of-interest for going on a private fishing trip with police board member Andrew Pringle.

On Thursday, Blair simply said "No" when asked if he would resign and told reporters the trip was appropriate.

Police were told the mayor would not be attending the chief's annual gala for charity after Ford's office said he had been told not to attend. Organizers for the gala said that was not the case and that the mayor was never "uninvited."

Blair also refused to confirm reports Thursday that the mayor was negotiating with police through his lawyer to view a video of him appearing to smoke crack cocaine. TORSTAR NEWS SERVICE

Coun. Doug Ford, normally a big supporter of the chief, has called for Bill Blair to step aside.
CHRIS YOUNG/THE CANADIAN PRESS

Addiction expert weighs in

The latest video — in which Toronto's embattled mayor is clearly impaired and ranting maniacally — should be the final straw before he takes a leave to seek help, says an addictions expert.

- "It would seem that there's more evidence that this poor man is suffering from extraordinarily complex problems," said Ann Dowsett Johnston, a journalist who has chronicled her own battles with alcohol.
- "I'm watching an entire world laughing at him, and my feeling is one of deep and profound compassion," Johnston said. "Because I feel that his addiction is very public and his need for help is very evident and his situation is dire."
- Ford has repeatedly apologized this week for his drug use and instances of public intoxication, but Johnston said, from her own experience, the people who care about you don't want to hear you apologize.
- "They want to hear, 'I've got a problem, I've gone to get help.'"

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Look sharp while getting shot with a $20,000-bulletproof suit

Niche market. Suit will serve both practical and novel purposes, creator says

JESSICA SMITH
Metro in Toronto

If you're going to pay thousands of dollars for a business-class plane ticket to a potentially dangerous foreign country, paying $20,000 for a bulletproof suit to keep you safe when you get there doesn't sound that outrageous after all.

That's the pitch Michael Nguyen, owner of high-end men's tailor shop Garrison Bespoke, is giving to sell the pricey suits to the corporate commandos of Bay Street.

At the Ajax, Ont., Rod and Gun Club on Tuesday, Garrison Bespoke held a demo of their suit, shooting it repeatedly with handguns of various calibres as it was worn by a dummy.

The suit saved the dummy from every shot but one, which landed between the lapels where there was no protection, striking and puncturing the vest underneath.

There are two distinct types of clientele who have pre-ordered the suit, according to Nguyen.

"The first one actually needs it from a functional standpoint," he said. "A lot of our clients work in industries that deal with oil, gas and diamonds, and often travel to different parts of the world and are meeting people for the first time. They don't know who to trust, but they know they've got a family back here in Toronto."

It's important for these businessmen that the suit doesn't look bulletproof, which would send the wrong message to clients, but still protects them, he said.

"The second is the type of client who would buy a high-powered sports car and drive it in Toronto," he said. "In Toronto, to have a car with 1,000 horsepower isn't very functional. But it is very cool. In the same way their wife will be collecting china or a Fabergé egg at home, they'll have a bulletproof suit."

The best-known bulletproof suit maker is Colombia's Miguel Caballero, who is known to screen his clients so the suits of amour don't end up helping criminals.

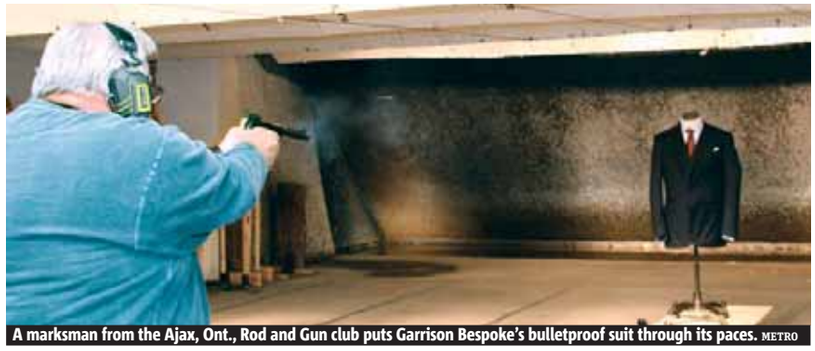
Nguyen has no such plans.

"Whatever line of work our client is in, we're here to provide a service, and a level of protection for anyone who needs it," he said. "Some people turn around their life and we want to be a second level of defence for them."

Nguyen started researching bulletproof clothing after one his clients was shot, and survived.

"It's been six months in the making. We've been searching throughout the world for the right technology," Nguyen said. "The nanotubes within the suit allow us to create a suit that's fashionable and at the same time bulletproof."

Nguyen wouldn't disclose exactly what the material is, or how the company obtained it. The bulletproof parts of the suit are panels inserted in the jacket lining. It's flexible and cloth-like, and feels like a cross between heavy canvas and duct tape, but it actually includes carbon nanotubes.



A marksman from the Ajax, Ont., Rod and Gun club puts Garrison Bespoke's bulletproof suit through its paces. METRO

Top secret

Owner Michael Nguyen wouldn't disclose exactly what the material is, or how the company obtained it.

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New York artist designs stealth-clothing concept

As George Orwell's darkest prophecies of state surveillance continue to come true, many of us feel powerless to resist. Enter New York-based artist Adam Harvey with his range of Stealth Wear clothing, including a burqa design, integrating metallic fibres to throw off drone cameras and infra-red sensors.

Stealth Wear's burqa design is able to throw off drone cameras and infra-red sensors. COURTESY OF ADAM HARVEY

How much cover do you think your designs could offer the wearer?
I want to provide enough cover to prove that the concept works, yet not so much that I'm raising red flags. They could offer more. However, engineering a complete thermal cloak would be difficult since heat must be transferred somewhere, not only reflected. This kind of camouflage will become increasingly important, as thermal cameras become an integral part of mainstream surveillance ecosystems.

Did you worry at all about trivializing drones, given the damage they do in places like Pakistan?
This work is meant to serve the interests of anyone living in an environment where drones are used. Having the ability to control or reduce your thermal signature can empower the wearer. My only concern in designing the burqa was that it was revision of a religious garment.

Who do you see as potential buyers for such products? Would you sell them in Pakistan?
Yes, hopefully anyone anywhere drones are used. Of course, to become more effective, the prices should be lower. I hope that by introducing the concept other designers will take my ideas and make them better, more accessible.

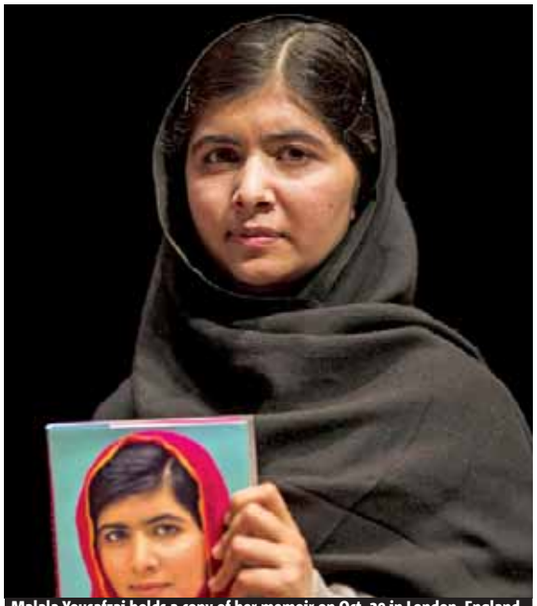
Do you feel this is unique or are you part of a wider movement for anti-surveillance clothing?
There's a big movement that's growing everyday. For example, privacy design and counter-surveillance classes are now offered in school, including at New York University. KIERON MONKS/METRO

Quoted

"I hope that by introducing the concept other designers will take my ideas and make them better, more accessible."

Adam Harvey, New York-based artist

Man behind Malala attack chosen new Taliban chief



Malala Yousafzai holds a copy of her memoir on Oct. 20 in London, England. DAN KITWOOD/GETTY IMAGES

Pakistan. New leader of militant group appointed less than one week after death of predecessor in U.S. drone strike

The ruthless commander behind the attack on teenage activist Malala Yousafzai was chosen Thursday as the leader of the Pakistani Taliban, nearly a week after a U.S. drone strike killed the previous chief.

The militant group ruled out peace talks with the government, accusing Pakistan of working with the U.S. in the Nov. 1 strike. Islamabad denied the allegation and accused the U.S. of sabotaging its attempt to strike a deal with the Taliban to end years of violence.

Mullah Fazlullah was unanimously appointed the new leader by the Taliban's leadership council after several days of deliberation, said the council's head, Asmatullah Shaheen Bhitani. Militants fired AK-47 assault rifles and anti-aircraft guns into the air to celebrate.

The previous chief, Hakimullah Mehsud, was killed by the drone in the North Waziristan tribal area near the Afghan border. He was known for a bloody campaign that killed thousands of Pakistani civilians and security personnel, a deadly attack on a CIA base in Afghanistan and was believed to be behind the failed bombing in New York's Times square in 2010. The U.S. had put a $5-million bounty on his head.

THE ASSOCIATED PRESS

Quoted

"We will take revenge on Pakistan for the martyrdom of Hakimullah."

Asmatullah Shaheen Bhitani, head of the Pakistani Taliban's leadership council, on the death of the group's previous leader

Philippines. 'Catastrophic damage' predicted from year's strongest typhoon

The world's strongest typhoon of the year slammed into the Philippines on Thursday. It had been poised to be the strongest ever recorded at landfall.

"There will be catastrophic damage," said Jeff Masters, meteorology director at the private firm Weather Underground.

The U.S. Navy's Joint Typhoon Warning Center in Hawaii shortly before landfall said Typhoon Haiyan's maximum sustained winds were 314 km/h, with gusts up to 379 km/h.

"There aren't too many buildings constructed that can withstand that kind of wind," Masters said.

Thousands of people have evacuated villages in the typhoon's path.

The only tiny bright side is that it's a fast-moving storm, so flooding from heavy rain — which usually causes the most deaths from typhoons in the Philippines — may not be as bad, Masters said.

THE ASSOCIATED PRESS

A Filipino worker brings down a giant billboard along a busy highway to prepare for the effects of powerful Typhoon Haiyan in Makati, Philippines, Thursday. AARON FAVILA/THE ASSOCIATED PRESS

Suspended senators still eligible for pensions

The three senators at the heart of the Senate expenses scandal will continue to accrue eligibility for a generous parliamentary pension during their suspension from the upper chamber.

The two years Patrick Brazeau, Mike Duffy and Pamela Wallin are expected to spend in political purgatory will count towards the six years of service needed to become eligible to collect a pension, the Senate says.

Claude Carignan, government leader in the Senate, has said the original intent of the suspension motion was to see the senators stripped of their pay and Senate perks, "including (the) pension plan."

Treasury Board President Tony Clement says he intends to change the regulations, if necessary, to ensure the three senators — suspended for allegedly claiming improper travel and housing expenses — don't qualify.

Wallin in particular has threatened to take the government to court if she is denied pension benefits, a threat to which Clement says, "See you in court."

The three are still entitled to health, dental and life insurance benefits — a provision added by Carignan last week to make the suspensions more palatable to some of his Conservative colleagues.

THE CANADIAN PRESS

'Al-Qaida is lapping it up'

Terrorists thrilled by Snowden leaks: U.K. spy chiefs

Al-Qaida and other terror groups are having a field day with the leaks from Edward Snowden, U.K. spy chiefs said Thursday.

Iain Lobban, chief of the eavesdropping agency GCHQ, said his spies have picked up "near-daily discussion" of the leaks among his agency's targets. His colleague John Sawers, the chief of the British spy agency MI6, was even more explicit.

"It's clear that our adversaries are rubbing their hands in glee," he told lawmakers. "Al-Qaida is lapping it up."

U.S. officials have repeatedly warned, without providing much evidence, that the leaks were educating America's enemies about how to avoid detection.

THE ASSOCIATED PRESS

Science!

Hubble telescope discovers 6-tailed asteroid

The Hubble Telescope has discovered a six-tailed asteroid in the asteroid belt between the orbits of Mars and Jupiter. Scientists say they've never seen anything like it. Incredibly, the comet-like tails change shape as the asteroid sheds dust.

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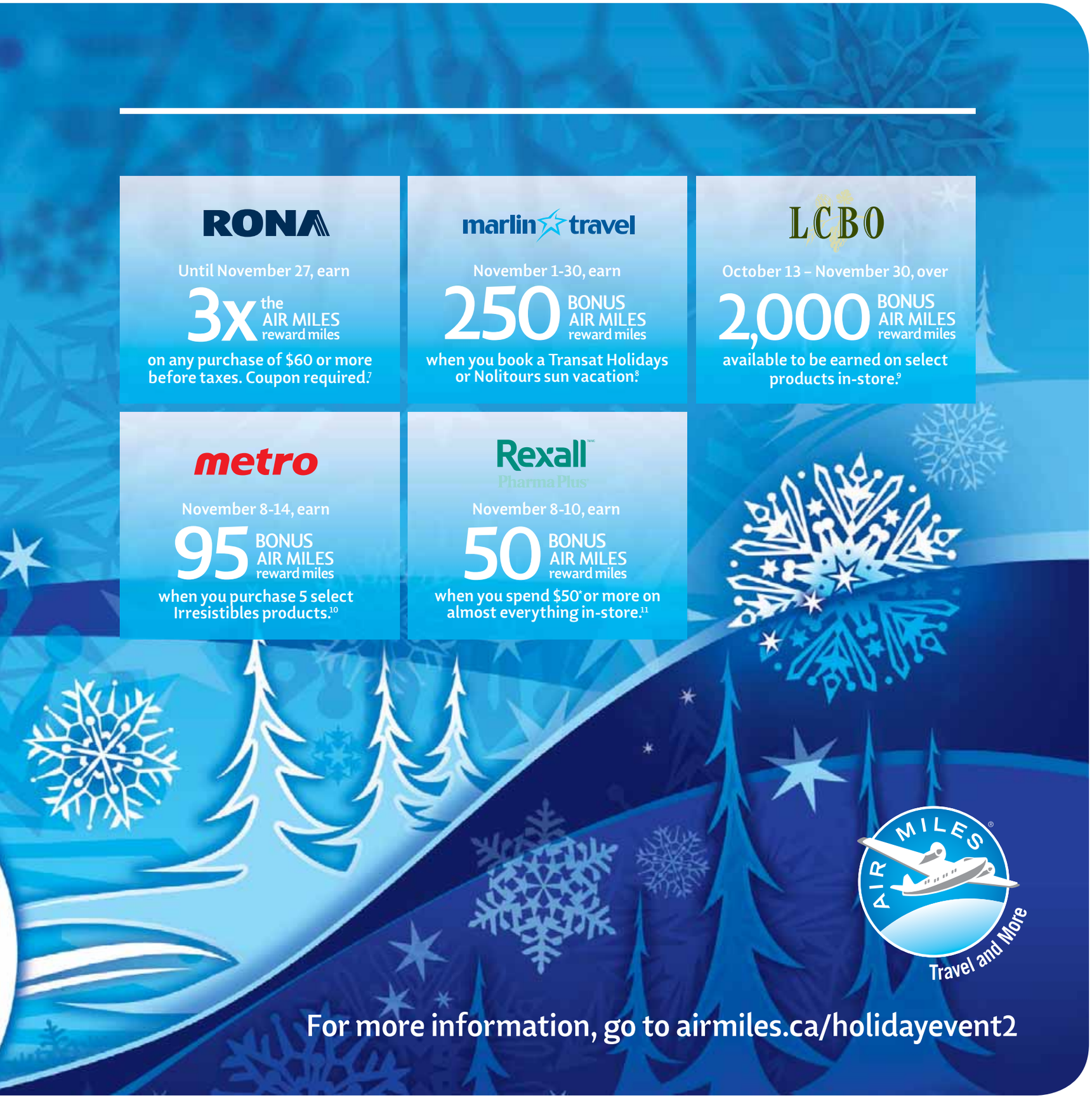
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Royalty watches doctor in action

Britain's Prince William, right, the Duke of Cambridge and president of the Royal Marsden NHS (National Health Service) Foundation Trust, watches as lead surgeon Pardeep Kumar, left, performs surgery for the removal of a bladder tumour on a male patient during a visit at the Royal Marsden hospital in London's Chelsea on Thursday. LEFTERIS PITARAKIS/THE ASSOCIATED PRESS

PQ goes all in on controversial religion bill

Confidence measure. Tabling of proposed ban on religious clothing would have triggered election if opposition had blocked it

Quebec Premier Pauline Marois
JACQUES BOISSINOT/THE CANADIAN PRESS

The Parti Québécois has raised the political stakes on its controversial religion bill.

It has expressed a willingness to trigger an election on Bill 60, which if adopted would restrict religious clothing for employees of virtually all state institutions.

On Thursday, it declared the tabling of the bill a measure of confidence in the government. That meant the opposition would have forced an election by blocking its introduction.

It's still unclear whether the PQ will continue, in the coming weeks and months, to treat the bill as a matter of confidence in future votes.

Premier Pauline Marois held a news conference after the bill was tabled and said she believes the proposed legislation will unite Quebecers.

"We want this debate to take place in a serene atmosphere — a serene and respectful atmosphere," she said.

"It is a great moment for our society. This a is a beautiful day for Quebec."

In tabling Bill 60, PQ cabinet minister Bernard Drainville said it would guarantee the equality of men and women as well as the religious neutrality of the state. THE CANADIAN PRESS

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Khadr to appeal U.S. war-crimes convictions

Former Guantanamo Bay prisoner Omar Khadr is set to appeal his five war-crimes convictions on the grounds that the military commission had no legal authority to try him or accept his guilty pleas.

Speaking from Rosslyn, Va., Khadr's U.S. lawyer told The Canadian Press the main argument turns on whether what Khadr is accused of doing as a 15-year-old in Afghanistan was in fact a war crime under American or international law.

"These things weren't crimes, at least in 2002. They weren't crimes at the time of the charged conduct," said Sam Morison, a civilian lawyer with the U.S. Department of Defense.

"Even if you take the government's allegations at face value, he still didn't commit a war crime."

The most serious charge against Khadr arose out of the death of an American special forces soldier in the heat of a vicious battle at an Afghan compound in July 2002.

The basis for charging the Toronto-born Khadr, now 27, for the battlefield death was that he was not in uniform, and was therefore an "unprivileged combatant."

Khadr's lawyers argue there is no authority under international law to elevate what Khadr did to the status of a war-crime, which includes such egregious acts as deliberately targeting and killing civilians as the 9/11 terrorists did.

"Merely being an unlawful combatant is not by itself a war crime," Morison said.

The case is expected to be heard in the spring but it's unlikely the ruling will be the last word on Khadr's U.S. file.

After eight years in American custody, Khadr was convicted in a plea agreement in October 2010 and sentenced to eight more years. He was transferred to Canada in September 2012 to serve out his sentence and is currently a maximum security prisoner in Edmonton. THE CANADIAN PRESS

Football in Iran

Let women watch: FIFA president

FIFA president Sepp Blatter is urging Iranian authorities to end the ban on female football spectators in stadiums. Thursday's remarks by Blatter came after talks with Iranian officials including Parliament Speaker Ali Larijani. THE ASSOCIATED PRESS

Population decline

German women not baby machines

Statistics show more than one woman in five in Germany remains childless even though the government spends more than 50 billion euros ($67 billion US) each year to boost birth rates. THE ASSOCIATED PRESS

Halifax

Rehtaeh Parsons review delayed

A review of how police and Nova Scotia's Public Prosecution Service initially handled the Rehtaeh Parsons case has been delayed until the court cases against two teens charged in the matter are settled. THE ASSOCIATED PRESS

Privacy debate at the United Nations

Surveillance. Motion at General Assembly urges extending privacy or anti-eavesdropping rights

Brazil and Germany formally presented a resolution to the UN General Assembly on Thursday urging all countries to extend internationally guaranteed rights to privacy to the Internet and other electronic communications.

The draft resolution follows reports of U.S. eavesdropping on foreign leaders, including Brazil's President Dilma Rousseff and German Chancellor Angela Merkel, that angered and dismayed U.S. allies. But it does not name the United States or any other nation as an offender.

General Assembly resolutions are not legally binding but they do carry moral and political weight.

THE ASSOCIATED PRESS

Eavesdropping

U.S. officials declined to comment on the draft.

- "Dragnet surveillance of international communications is inconsistent with the International Covenant on Civil and Political Rights. It is indiscriminate and overreaching." Said Jamil Dakwar of the American Civil Liberties Union.

Hip Station 16 gallery robbed

Untitled artwork, by Labrona. A Montreal gallery that hoped to make Canada a world-class destination for art tourism, riding the street art wave that made Banksy a pop-culture phenomenon, has been dealt a major blow with the theft of $50,000 in art. HANDOUT/THE CANADIAN PRESS

Escalon, California

Big-time walnut theft in U.S.

Authorities in California are looking for the thieves who made off with 63,500 kilograms of walnuts.

The theft, estimated at nearly $400,000, occurred Sunday in the small town of Escalon. Investigators say it was one of the biggest to hit the booming industry. Last month, about 5,440 kilograms of walnuts worth $50,000 were stolen from a trailer parked on a highway.

This time several truckloads of walnuts were taken from a facility. Authorities say rising prices — about $2 per pound — is what appears to be driving the recent walnut thefts.

No arrests have yet been made.

Walnuts are California's fourth-leading agricultural export.

THE ASSOCIATED PRESS

Lesbian custody battle

Woman who donated an egg has parental rights: Court

The Florida Supreme Court has ruled that a woman who donated an egg to her lesbian partner has parental rights to the child, and on Thursday it ordered a lower court to determine custody and visitation rights.

The case involves two women, identified only by their initials, who began raising the child together. One donated an egg that was fertilized and implanted in the other, who gave birth in 2004.

But the couple split up two years later, and the birth mother eventually left the country. The other woman calls herself the biological mom.

THE ASSOCIATED PRESS

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Carlos Enrique Perez-Melara, a former college student who developed an $89 US program Loverspy and Email PI, is among five people added this week to the FBI's list of most wanted cybercriminals. FBI/THE ASSOCIATED PRESS

Loverspy. Developer on FBI's most-wanted list

The FBI this week added to its list of most wanted cybercriminals a former San Diego college student who developed an $89 US program called Loverspy or Email PI.

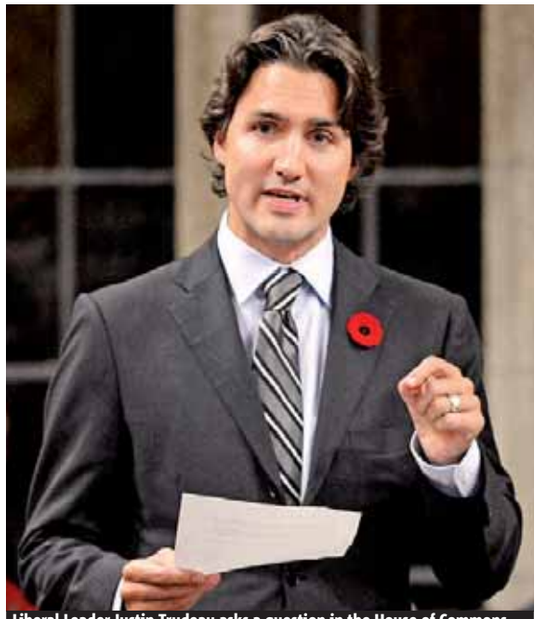
Sold online from his apartment, the program would send the suspected cheater an electronic greeting card that, if opened, would install malicious software that could capture emails and instant messages, even spy on someone using the victim's own webcam.

Carlos Enrique Perez-Melara, 33, has eluded authorities since his July 2005 indictment. His last known whereabouts were in El Salvador, where he was born.

Perez-Melara appears to have made relatively little money on the scheme, unlike others on the FBI list who were accused of bilking millions of dollars from businesses and Internet users worldwide. But Perez-Melara, who was in the United States on a student visa in 2003 when he sold the spyware, allegedly helped turn average computer users into sophisticated hackers who could stalk their victims.

THE ASSOCIATED PRESS

Internet all atwitter over Trudeau 'ladies-only' e-vite



Liberal Leader Justin Trudeau asks a question in the House of Commons earlier this week. SEAN KILPATRICK/THE CANADIAN PRESS

Invitation to fundraiser. Hundreds joined the pile-on, pouring on the sarcasm and mockery

A Liberal fundraiser aimed at capitalizing on leader Justin Trudeau's popularity among women is being denounced as sexist and patronizing by his political foes — and even by some Liberals.

The backlash started instantly late Wednesday when Trudeau tweeted that he was looking forward to "cocktails and candid conversation" at the $250-a-head event in Toronto on Thursday.

Fighting back

"Get a grip, people. It's an e-vite, not a platform."

Amanda Alvaro, organizer of the fundraiser, in a tweet following the Twitter-storm.

The accompanying electronic invitation to "Justin Unplugged" features stylized close-ups of the leader with a come-hither stare and the message: "Ladies, you're invited to (really) get to know the future prime minister."

Scribbled in grade-school cursive font around the margins are a series of questions: "What's your favourite virtue?" "Who are your real life heroes?" "What is the biggest issue facing women?"

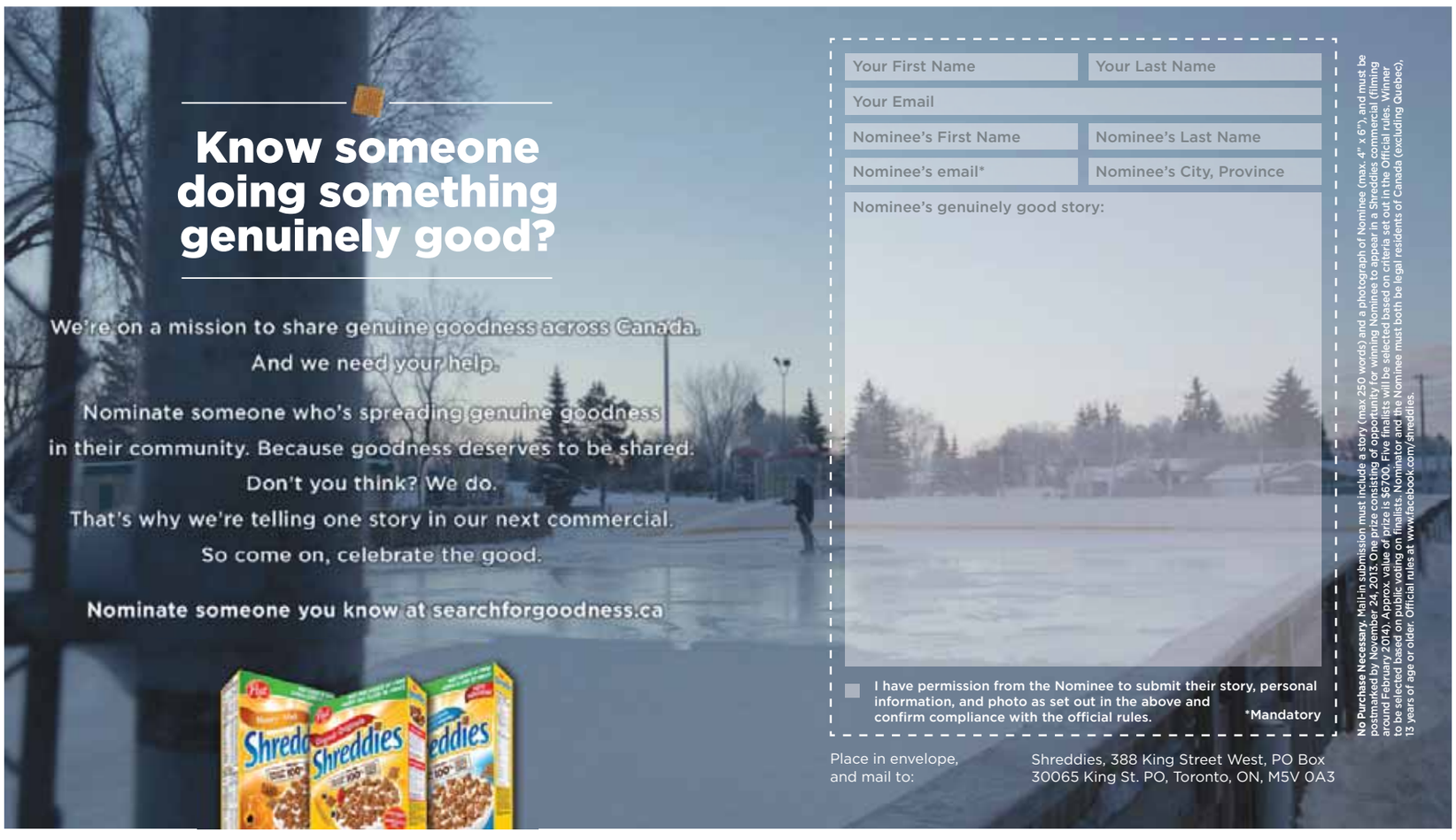
The resulting Twitterstorm was fierce, generating its own hashtag: #askjustin.

"Who organized this? Barbie?" tweeted Lisa Kirbie, a Liberal commentator.

The organizer of the fundraiser, Amanda Alvaro, fought back, tweeting that the event was "organized BY women, FOR women with a (clearly) intriguing e-vite designed to inspire dialogue."

Trudeau himself took to answering questions posed by people under #askjustin.

THE CANADIAN PRESS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Twitter has never made a profit but is valued at $31B

News worth tweeting about. Social network hits the New York Stock Exchange and flies much higher than expected

Shares of Twitter went on sale to the public for the first time Thursday, instantly leaping more than 70 per cent above their offering price in a dazzling debut that exceeded even Wall Street's lofty hopes.

By the closing bell, the social network that reinvented global communication in 140-character bursts was valued at $31 billion US — nearly as much as Yahoo Inc., an Internet icon from another era, and just below Kraft Foods, the grocery conglomerate founded more than a century ago.

The stock's sizzling performance seemed to affirm the bright prospects for Internet companies, especially those focused on mobile users. And it could invite more entrepreneurs to consider IPOs, which lost their lustre after Facebook's first appearance on the Nasdaq was married by glitches.

Twitter, which has never turned a profit in the seven years since it was founded, worked hard to temper expectations ahead of the IPO, but all that was swiftly forgotten when the market opened.

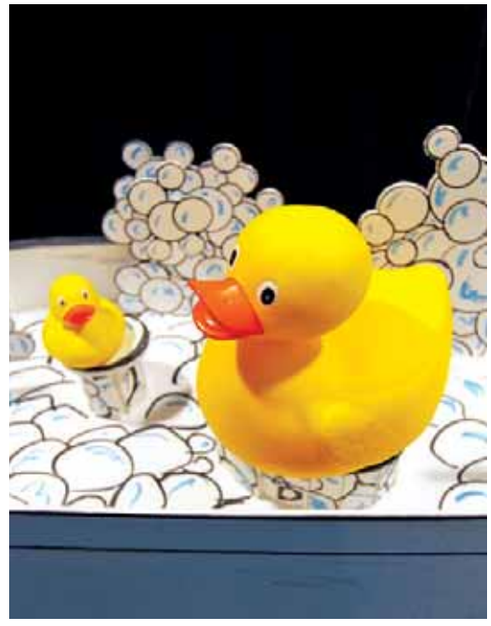
Still, most analysts don't expect the company to be profitable until 2015.

THE ASSOCIATED PRESS

Twitter goes where it's never gone before, the NYSE

Twitter gave users the opportunity to ring NYSE's opening bell instead of executives.

- The users included Sir Patrick Stewart, Capt. Jean-Luc Picard in Star Trek: The Next Generation; Vivienne Harr, a 9-year-old girl who ran a lemonade stand for a year to raise money to end child slavery; and Cheryl Fiandaca of the Boston Police Department.



Rubber duckie you're the one ... chosen for the toy hall of fame

Rubber ducks are on display during the National Toy Hall of Fame ceremony at the National Museum of Play at The Strong in Rochester, N.Y. The rubber duck and the ancient game of chess were inducted into the toy hall of fame Thursday. DEMOCRAT & CHRONICLE/CARLOS ORTIZ/THE ASSOCIATED PRESS

Random biz fact of the day

68%

68 per cent of employers will find candidates on Facebook.
BEHIRING/NEXCAREER

GETTY IMAGES FILE

Market Minute

DOLLAR
95.59 ¢ (-0.40¢)

TSX
13,294.20 (-86.21)

OIL
$94.20 (-60¢)

GOLD
$1,308.50 US (-$9.30)

Natural gas: $3.53 US (+1¢)
Dow Jones: 15,593.98 (-152.90)

Paper to polymer. Switch to plastic cash complete with debut of $5, $10 notes

The last of Canada's polymer bills were put into circulation by the Bank of Canada on Thursday, with the transition to the plastic cash set to take about two years.

The $5 and $10 notes were unveiled at news conferences in Longueuil, Que., and Vancouver. Bank of Canada governor Stephen Poloz touted the quality of the polymer bills at the Quebec event. THE CANADIAN PRESS

Astronaut Chris Hadfield, left, and the Bank of Canada Governor with the $5 polymer note. THE CANADIAN PRESS

What's 'double-double' in Arabic? Tim Hortons plots world domination

First North America, then the world — at least that's how Tim Hortons Inc. hopes to conquer the coffee market.

Chief executive Marc Caira told investors he plans to grow the restaurant's operations outside the company's home base and the United States, starting first with the Middle East and then moving to other countries.

"Our focus in the short-term is ... to grow and learn in this part of the world," he said on the company's financial results conference call.

THE CANADIAN PRESS

Preliminary plan

5

Tim Hortons' CEO did not say what other countries might be targeted, but said these are "very early thoughts" for a five-year plan.

Likes company birthplace

Facebook to open Boston-area office

Facebook confirmed Thursday that it is opening a Boston-area office just a couple of miles from where the website was founded in Mark Zuckerberg's Harvard University dorm room.

The announcement came almost a year and a half after a top Massachusetts politician asked the social media giant to relocate to the state where the seeds of company were first sown. Facebook's headquarters is in Menlo Park, Calif. THE ASSOCIATED PRESS

New patent rules

Canada-EU trade deal may mean higher drug costs

The federal government won't release internal documents that may predict potential higher drug costs for Canadians under new patent rules agreed to in the free-trade deal with Europe, Trade Minister Ed Fast says.

The NDP trade critic told Fast that Canadians have a right to the information.

THE CANADIAN PRESS

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Douglas Coupland's latest novel, Worst. Person. Ever., is available from Random House Canada.

Day 5

metronews.ca/temp

Random biz fact of the day

76%

Looks like it's time to retire DontPlayaHate69@hotmail.com — 76 per cent of CVs are ignored if your email address is unprofessional.

SOURCE: NEXCAREER

Payback

Who gives a Hoot about the interns?

Work in the high-tech sector can be volatile at the best of times. More than 25,000 digital media employees call Vancouver home. It's typical to work on a project, finish it and move on to the next opportunity.

It's feast or famine — especially famine if you're not getting paid.

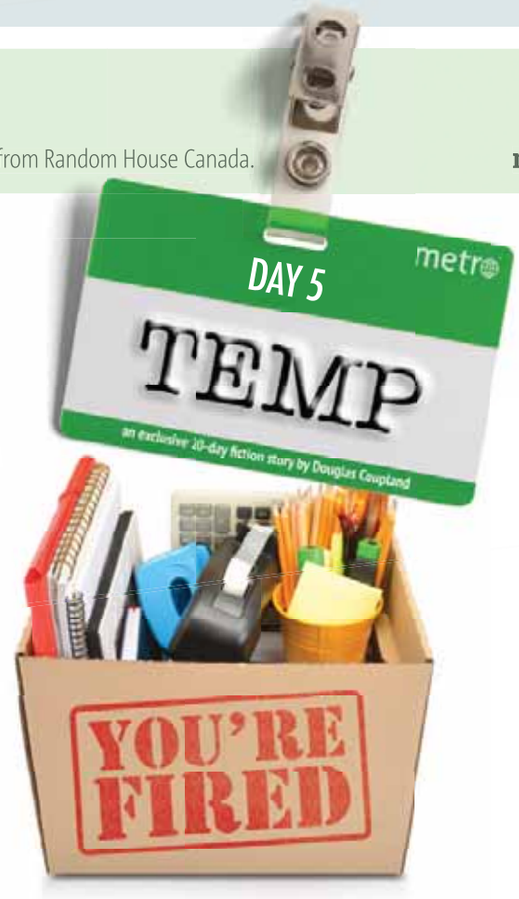
Social media giant HootSuite, valued at over $1 billion, faced intense public scrutiny in April for hiring unpaid interns for positions that legally required financial compensation.

Vancouver-based HootSuite admitted their guilt.

"We will immediately rectify the issue by offering full payment, including interest incurred, to unpaid interns who had roles within our company," CEO Ryan Holmes said in a statement. MATT KIELTYKA/METRO

GETTY IMAGES

Temp is Conflicted Over Co-worker's Firing



Sarah No. 2 got the axe just before lunch: the curse of jeans day. To be practical, a company selling itself to China doesn't need someone to plan its long-term e-commerce solution. Her firing happened quickly, too. One moment she was lecturing about the excessive number of time-expired dairy products in the lunchroom fridge, the next she was standing in the lobby with a cardboard box full of generic desktop crap.

"I suppose you're happy to see me go," she said.

"Not really. I've never had to dumb myself down with you."

She gave me a judge-y looking sigh. "The world's not one big joke, you know, Shannon." She turned around to look at the dumping rain while waiting for her ride — which didn't seem to be coming. Looking out at the parking lot she got philosophical. "You know, I think that in the future we're going to look back on the 40-hour work week with three per cent unemployment as a social failure — everyone was busy, but no one was actually doing anything meaningful. Yes, you were busy all day, but so what?"

The phone rang. "Just a moment, Sarah... "Good morning. Taylor, Wagner & Kimura Filter Systems, a proud patriotic company since 1899. One moment, I'll connect you." I put down the receiver. "Sorry, you were saying?"

"I was saying that I think a 40-hour work week may well seem as odd and cruel to future citizens as seven-year-olds working in Victorian cotton mills does to us."

I thought about this. "I think you're right. Where's your ride?"

"According to my most recent text, it's stuck in traffic across town."

I quietly phoned Sarah a cab, and when it showed up, I gave her one of my taxi chits: "If it means anything, Sarah, the fridge grosses me out, too. It makes me think of Gwyneth Paltrow in Contagion, especially that scene in the morgue when they slice open her skull."

To be practical, a company selling itself to China doesn't need someone to plan its long-term e-commerce solution.

"Thank you, Shannon. I think that in your own way, you're being quite sweet." She gave me a small smile and hopped in the cab. It made me wonder if I ought to be nicer to the remaining Sarahs.

I looked at my watch... Lunch! Woohoo — freedom! Tattered back issues of InStyle magazine by the coffee maker! Last night's pasta in a Ziploc tub! Guys making lewd jeans day ass comments!

I sent Mr. Xu a quick text about our evening plans, and was leaving the front desk when the fire alarm went off and Rick from receiving ran into the office from the factory floor. "Holy crap, the warehouse is on fire!"

TO BE CONTINUED...

Random fact of the day

Facebook founder Mark Zuckerberg is red-green colour blind.

- This explains why Facebook is blue — it's the best colour Zuckerberg can see.

SOURCE: TIME.COM

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NOTHING LIKE WATCHING ICE CLEAR

THE METRO LIST

Neil Morton
metronews.ca

1 **#InADrunkenStupor.** In the moment of 2013, Rob Ford admitted, "Yes I have smoked crack cocaine," adding "Am I an addict? No. Have I tried it? Probably in one of my drunken stupors." And then the hashtag #InADrunkenStupor went viral on Twitter. An astonishing day, an astonishing moment in time. A super funny hashtag. A mayor that is cracking under pressure.

2 **Lynn Coady.** The Edmonton writer took home the 20th annual Giller Prize for her short-story collection, Hellgoing, at a star-studded event in Toronto that had Jian Ghomeshi as host and George Stroumboulopoulos and Paul Haggis among the presenters. To make a long story short, this was only the fourth time in the award's history that a short-story collection won the coveted prize.

3 **@MadeInCanada.** One of the funniest Canadian Twitter accounts is Cause We're Canadian (@MadeInCanada), which has nearly 85,000 followers. It has tweets like "Stop saying sorry!" "Sorry!" #CanadianProblems" and "We all watch the zamboni, just to make sure he doesn't miss a spot. #CanadianProblems." If this were a coffeetable book, I would ask for it for Christmas.

4 **Hockey Night in Canada Song Quest.** You have until Nov. 20 to send your hockey-inspired song to CBC's Song Quest competition. If you win, you get to record a studio version of your song with Joel Plaskett and get to watch as it's aired at the start of a Hockey Night in Canada broadcast. The only thing I'm capable of is an extremely bad karaoke version of Bon Jovi's Livin' on a Prayer.

5 **Small-town moment in big city.** A Berlin street musician was performing the '80s classic Smalltown Boy by Bronski Beat when he was joined in the performance by the song's singer, Jimmy Somerville, who was out walking his dog. Just watch, when I'm singing Livin' On A Prayer some day at a karaoke bar, Bon Jovi will walk in and join me.

6 **Five-year-old's Make-A-Wish.** Miles, a little boy fighting leukemia, is a HUGE Batman fan. He will get to play his fave superhero Nov. 15 when thousands of volunteers through the Make-A-Wish Foundation help transform San Francisco into Gotham City for the boy. Miles will be Batman for a day, and do things like capturing the Puzzler in the act of robbing a downtown vault. Awesome.

7 **YouTube Music Awards.** The inaugural awards show had a decidedly raw feeling to it — in keeping with so many YouTube videos. The live webcast was directed by Spike Jonze, and the hosts Jason Schwartzman and Reggie Watts worked without a script and Lady Gaga performed wearing just a black cap, sunglasses and a plaid shirt. Yes, mainstream indie is in.

8 **Katy Perry.** She showed her tremendous Twitter power this week when she overtook Justin Bieber to take over the No. 1 position of Twitter followers, with nearly 47 million followers. (Lady Gaga is No. 3, Taylor Swift No. 4 and President Obama No. 5.) I am closing in quickly with 890 followers.

9 **Dwight Howard.** Some wondered whether the star NBA player would ever return to the "Superman" form of his Orlando Magic days. After a dreadful year with the L.A. Lakers last year, his back has healed and his Houston Rockets are expected to make a title run — they are off to a 4-1 start. Yes, the Kryptonite is gone, and redemption is sweet.

10 **The story of Twitter.** A new book, Hatching Twitter, by New York Times reporter Nick Bilton brings to light the power struggle between the four founders as they built the startup that has now become one of the biggest social networks in the world — and just went public this week. If you don't want to buy it, no worries: I will tweet the entire book out word for word.

11 **Miley Cyrus.** She launched a redesigned website this week and the only way to describe it is butt ugly. Actually there are more ways to describe it: It's like a nine-year-old designed it. It's like a GeoCities page circa 1995. It's like Hannah Montana on an acid trip decided to be a web designer. Go to MileyCyrus.com and see what I mean.
Or don't.

Follow The Metro List on Twitter @TheMetroList

FOR THE LOVE OF THE MUG

Guess which mug belongs to which Metro temp? Is your mug chipped, stained and wrapped with a slogan such as 'A Griswold Christmas'? Send us a picture of the mug you use to readers@metronews.ca and we'll share it on our TEMP blog: iamtemp.tumblr.com

Photos by David Van Dyke

Vawn (the temp behind TEMP) Himmelsbach. One of the oddest assignments I've had as a temp is, well, posing for a photo along with my coffee mug.

While my mug accurately describes my personality, ironically, I have very little to say about it.

Matt (the desk defender) Kindred. My mug is from my apartment. It was given to me by my wife. I bring it to every temp position because I think it brings me good luck. The handle is large and therefore perfect for my grip, it does not heat up when coffee is poured into it.

Also, I love cartoons so anything with a drawing on it is great.

Mila (the travelling temp) Petkovic. The mug is a favourite of mine because it's bright, happy and silly. It reminds me to be light-hearted and just laugh at life when the going gets tough. What's the point of complaining or getting stressed? Life is just so much more enjoyable when you can find the humour in it. Wow, I've never thought so deeply about a mug before!

Clickbait

LUKE SIMCOE
Metro Online

Twitter's debut on the stock market Thursday may go down in history as the day Wall Street learned social media is about more than Justin Bieber and pictures of your lunch. Let's see what was trending on the site the day it went public.

THE ASSOCIATED PRESS

#Movember:
The annual moustache-growing challenge in support of prostate cancer was a hot topic Thursday, as Twitter users collectively complained about itchy beards and disgruntled girlfriends.

#meshcon:
Twitter's IPO coincided with the annual Mesh Conference in Toronto, an annual gathering of digerati looking for new ways to disrupt old paradigms. There was plenty of live-tweeting.

#throwbackthursday:
Not even Twitter's public offering could stop users from posting old photos of themselves as angsty teenagers.

#votearianagrande:
Canadian tweeps seemed to favour singer Ariana Grande, who's neck and neck with Austin Mahone in one of MTV's never-ending series of social media contests.

Twitter

@metropicks asked: A Liberal fundraiser for women called Justin Unplugged features chats on virtues and heroes. What should @JustinTrudeau discuss? #askjustin

@ejshillington: Justin, how I deal with cellulite AND an economic downturn AT THE SAME TIME?

@mirabw: Will women be allowed to vote with a pink pen in the next election?

@TerrenceCWatson: When @JustinTrudeau asks you what your favorite virtue is, the only answer he'll accept is "Your hair." #askjustin

@DrDawg: Can my Justin T-shirt be accessorized? #askjustinladyquestions

@J_Moneypenny: Hey @JustinTrudeau, can you be a lady AND the big spoon?? #askjustinladyquestions

Follow @metropicks and take part in our daily poll.

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Synopsis

Each year on Nov. 11 we remember and celebrate "the men and women who have served, and continue to serve our country during times of war, conflict and peace." Remembrance Day is a time to pay respect to the sacrifices brave soldiers have made for our country. In observation The Reel Guys have compiled a list of movies to serve as a backdrop on this solemn day.

Paul Gross, left, and Caroline Dhavernas in a scene from Passchendaele, which is one of the most well-known movies featuring Canucks in battle. CONTRIBUTED

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

List of Remembrance Day gems, lest we forget

Enter the shoes of a soldier. The best movies to commemorate those lost in the horror of war from Saving Private Ryan to Passchendaele

Richard: Mark, the first war-themed film to really make an impression on me was The Best Years Of Our Lives. When I was a kid I watched it on television every November and although it's almost 70 years old the story of servicemen struggling to rebuild their lives after the Second World War is still timely and relevant. Perhaps it feels so authentic because the crew were all Second World War veterans and the main character, who faces discrimination after losing both hands in combat, was played by real-life disabled vet Harold Russell.

Mark: Don't know the movie, Richard. I grew up in a family of cowards and war movies were forbidden. And I don't know who said it — probably not Snooki — that "all great war movies are anti-war movies." That being said, I like the P.O.W. genre, with incarcerated soldiers plotting to get out. The Bridge On the River Kwai is one of the greatest, with a fine performance by Alec Guiness, but let's also include The Great Escape with Steve McQueen, and a left-field choice, Merry Christmas, Mr. Lawrence starring David Bowie. Waaaay left-field, Richard, if you get my drift.

RC: War films come in all shapes and sizes. If P.O.W. movies are your thing check out The Hill, a little known British film that features one of Sean Connery's best performances. Set during the Second World War in North Africa, it's the story of a stockade run by Brits to punish deserters. Connery wedged it in between Goldfinger and Thunderball and it is a stark contrast to the work he was doing in the Bond films at the time. As for your second thought, which I suspect should be attributed to Steven Spielberg and not Snooki, two films pop to mind. Saving Private Ryan and the First World War drama All Quiet on the Western Front. Both are masterfully made films that show the brutal reality of war from the point of view of the soldiers.

MB: I've seen The Hill. It's great. But the best anti-war movie might be Johnny Got His Gun, a minimalist squirmer told from the point of view of a blind, mute quadruple amputee. Fun times! And as far as soldiers on the ground, I would nominate Black Hawk Down, or Platoon, both of which put you right in the centre of a battle you may not be winning.

RC: We can't talk about war films so close to Remembrance Day without paying tribute to Canadian soldiers on screen. Paul Gross's Passchendaele is probably our best-known homegrown look at Canadians in battle but Hollywood has never shied away from depicting fighting Canadians. Canuck heroes are portrayed in the Devil's Brigade, The Battle of Britain and Attack on the Iron Coast among many others.

MB: Yes, Canadians excel in battle. Canadians also excel at harbouring war resisters, but I've yet to see THAT movie.

A story of lovers in a dangerous time

How I Live Now. Actor George MacKay talks about the high stakes of love and war

NED EHRBAR
Metro World News in Hollywood

Young British actor George MacKay isn't taking anything for granted in his career, with a number of films due out and more on the way. Chief among them is How I Live Now, Kevin Macdonald's adaptation about young lovers (MacKay and Saoirse Ronan) struggling to survive in a war-torn modern-day England.

This film is something of a surprise with its mix of elements and styles.
I think that's down to Kevin, really. The source material, too. Meg Rosoff, who wrote the novel, is very no-nonsense. It's funny meeting her because she writes such a moving book but at the same time she's very matter-of-fact and no bulls—. And that was carried on to the script and Kevin's filmmaking. It's very honest. And love is a serious matter. It's something that can be romanticized and heightened as it is, but stakes are high in a very serious way when we're in love, and it means the world to you, it is your world. So I think it's perfectly legitimate to look at it very seriously and have the stakes that high.

And you've got some intense geopolitical elements thrown in as well.
Yeah, this sort of faceless enemy that is sort of everyone today. Because the characters in the story are so blissfully unaware and in their own bubble, it's only when they're physically torn apart that it becomes a real, real reality. So we didn't feel the need to be specific about who's actually invading. I don't think they went home and watched the news at the end of the day and kept tabs on everything. I think they were just completely involved with each other.

How I Live Now opens next Friday. CONTRIBUTED

Even before her character meets yours, Saoirse is pretty oblivious to world events.
It's that thing today. It's bad that it happens so often that you get numb to it. I think that's more of a comment on people now, just people in general, like all the terrible stuff that's going on in Syria. It's daily that things are happening, and you see it, but until that is your own mother blown to bits or something, you kind of get numb to it, which is terrible in a way.

Besides this, you have several other films coming out soon. How are you enjoying this part of your career?
It's lovely. I just love working. I think it's a novelty you can never take for granted because you never know when your next job is coming in, so you can only concentrate on what you're doing at the time and make the best of it and put everything you can into it. Until you're a kind of A-lister or something, I don't think you can really plot your next move. You just have to take the opportunity when it comes if it's right and work your ass off to get it.

So what is that next opportunity for you?
The next work that I'll be doing is a film called Pride, which is a lovely true story from 1984. There was this gay rights activist who then teamed up with the miners and started collecting for the miners and became a massive source of money, and in turn the miners came to support gay rights and a bunch of movements got passed.

No purchase necessary. Terms & conditions apply. For full contest details and conditions, visit clubmetro.com

Action/Adventure

Thor: The Dark World

Director. Alan Taylor

Stars. Chris Hemsworth, Natalie Portman

It's hammer time as Marvel superhunk Thor (Chris Hemsworth) battles the vengeful Dark Elves for possession of an ancient WMD with the power to destroy his home planet Asgard, Earth and all realms between. Also at stake are the lives of father Odin (Anthony Hopkins), astrophysicist sweetheart Jane Foster (Natalie Portman) and trickster brother Loki (Tom Hiddleston). Although convoluted, the movie nimbly juggles the story and the action.

RICHARD CROUSE

Documentary

The Summit

Director. Nick Ryan

In August 2008, in a span of 48 hours, 11 people died while attempting to conquer K2, the second tallest mountain in the world. In great detail The Summit pieces together what happened on that failed expedition. But perhaps more importantly, it attempts to explain the motivations and mindset of climbers — of people who will risk their lives even after witnessing tragedy. In interviews with survivors, recreations and with dramatic footage and photos of the event, the director expertly weaves together many — and often differing — accounts to tell a complete and riveting story.

REGAN REID

Biography

Diana

Director. Oliver Hirschbiegel

Stars. Naomi Watts, Naveen Andrews

Naomi Watts plays Princess Diana in the last three years of her life when she was separated from Prince Charles and romancing heart surgeon Dr. Hasnat Khan (Naveen Andrews). This uneven film feels like a Cole's Notes. I imagine the choppiness is supposed to portray the chaos that swirled around Diana, but instead presents as a disjointed montage. Combine that with clunky dialogue and the suggestion that Diana was the manipulator of the media that killed her and you have a film that plays like a National Enquirer exposé.

RICHARD CROUSE

Whitewashed Hollywood

Racial issues. African-American actors and filmmakers have had a landmark year, but they remain under-represented on the big screen

There's plenty of speculation 12 Years a Slave will win best picture at the Oscars this year. CONTRIBUTED

Oprah Winfrey has heard this story before.

A wave of high-profile films about black people receives accolades. A heartwarming trend of greater on-screen equality is declared. Hollywood basks in its multiculturalism — and then returns to business as usual.

From the slavery odyssey 12 Years a Slave to the day-in-a-life drama Fruitvale Station, this fall has been a banner season for films of racial struggle told without white protagonists and largely by black directors. As one of the stars of the Civil Rights history film Lee Daniels' The Butler, Winfrey is a proud player in a rare moment for African-Americans at the movies.

But she and many others have tired of celebrating occasional aberrations of what should be Hollywood's regular output.

"We've been through this before," says Winfrey.

"I don't want it to be, 'Oh, gee, we had the 10 films and now it's another five years before you see another one.'"

2013 is a historical high-point for black-themed films, a culmination of Obama-era cinema. But the filmmakers and actors who made this confluence happen are resolutely against being resigned to a mere trend story, soon to be followed by another lull in diversity.

Spike Lee, whose near-annual turnout has been a steady line through the undulations of the industry, disdains black filmmakers being treated like "flavours of the year."

"Every 10 years we have the same conversation: 'Oh, there's lots of black films being made,'" says Lee, who will release his revenge remake Oldboy later this month.

"Then it drops off. It's not consistent."

Opening Nov. 29 is Mandela: Long Walk to Freedom, a sweeping biopic of the South African leader starring Idris Elba.

It joins a group of films that began with the Jackie Robinson drama 42 and runs through to the Langston Hughes adaptation Black Nativity, out Nov. 27.

If 12 Years a Slave, starring the British actor Chiwetel Ejiofor as Northup, goes on to win the best picture Oscar (a prediction of many — though certainly not all — Academy Awards onlookers), it would be the first best picture winner directed by a black filmmaker.

The best actor category, too, is full of black contenders, including Ejiofor, Elba, Forest Whitaker and Michael B. Jordan. The Oscars (which Chris Rock once called a "million white-man march") have increasingly served as celebratory breakthroughs in Hollywood's racial ceiling.

For 2001, two black actors won the top acting prizes for the first time: Denzel Washington (Training Day) and Halle Berry (Monster's Ball). Dual wins for Morgan Freeman (Million Dollar Baby) and Jamie Foxx (Ray) followed for 2004, as did the combination of Whitaker (The Last King of Scotland) and Jennifer Hudson (Dreamgirls) for 2006.

THE ASSOCIATED PRESS

By the numbers

Last week, a USC Annenberg study supplied a reminder of Hollywood realities. The school analyzed the 500 top-grossing films at the U.S. box office in recent years. Last year, African-Americans represented 10.8 per cent of all speaking characters. (Hispanics at 4.2 per cent and Asians at 5 per cent fared even worse). Between 2007 and 2012, the 565 directors of the top 500 films included only 33 black filmmakers, and just two of them were black women. The imbalance also affects the kind of roles black actors receive. Black males are notably less likely to play romantic partners or parents, according to the study.

Quoted

"Every 10 years we have the same conversation: 'Oh, there's lots of black films being made.' Then it drops off. It's not consistent."

Spike Lee on the ebb and flow of African-American presence in Hollywood.

Tech

App is a 'sound' adventure

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

Papa Sangre II
iPhone/iPad
$4.49
Sean Bean (Game of Thrones, LOTR) uses his warm, gravelly charismatic voice to guide you through this brilliant headphone adventure, a soundscape of musical memories, outlandish characters and terrifying monsters.

PETER TRAVERS, Rolling Stone
"A GAME-CHANGING MOVIE EVENT."
LOU LUMENICK, NEW YORK POST
"★★★★ ABSOLUTELY ESSENTIAL VIEWING."
CHIWETEL EJIOFOR · MICHAEL FASSBENDER · BENEDICT CUMBERBATCH
PAUL DANO · PAUL GIAMATTI · LUPITA NYONG'O
SARAH PAULSON · BRAD PITT · ALFRE WOODARD
12 YEARS A SLAVE
A FILM BY STEVE McQUEEN
NUDITY, DISTURBING CONTENT, GRAPHIC VIOLENCE
SCREENPLAY BY JOHN RIDLEY
DIRECTED BY STEVE McQUEEN
STARTS TODAY!
EMPIRE THEATRES EMPIRE 7 EXCHANGE CENTRE
CINEPLEX ENTERTAINMENT SILVERCITY GLOUCESTER
EMPIRE THEATRES KANATA
Check theatre directory or go to www.tribute.ca for showtimes

THESE PAGES COVER MOVIE START TIMES FROM FRI.,NOV. 8 TO THURS., NOV. 14 TIMES ARE SUBJECT TO CHANGE.

Bytowne Cinema
325 Rideau St.

Adore (18A) Tue 9:15 Wed-Thu 4:30
Blue Jasmine (14A) Fri 4:30 Sat 2:15 Sun 6:10 Mon 4:30
The Gardener (STC) Fri 6:45 Sat 4:30-9:20 Sun 4:05 Mon 6:45 Tue 4:30
Oil Sands Karaoke (14A) Wed 6:59 Thu 5:01
Special Ed (STC) Wed-Thu 8:55
A Touch of Sin (14A) Fri 8:50 Sat 6:35 Sun 1:15-8:20 Mon 8:45 Tue 6:30

Coliseum Ottawa
3090 Carling Ave.

Captain Phillips (14A) Fri 12:40-3:40-6:50-9:50 Sat 12:40-6:50-9:50 Sun 12:40-3:40-6:50-9:50 Mon-Wed 4:40-7:35-10:30 Thu 1:10-4:40-7:35-10:30
Carrie (14A) Fri-Wed 9:40 Thu 1:25-10
Cloudy With a Chance of Meatballs 2 (G) Fri-Sun 1:25 Thu 1:30
Cloudy With a Chance of Meatballs 2 3D (G) Fri-Sun 4:10-6:55 Mon-Tue 5-7:20 Wed-Thu 4:40
Ender's Game (PG) Fri-Sun 2-4:45-7:30-10:15 Mon-Wed 4:45-7:30-10:15 Thu 1:15-4:45-7:30-10:15
Escape Plan (14A) Fri 1:50-4:50-7:40-10:30 Sat-Sun 4:50-7:40-10:30 Mon-Wed 4:50-7:55-10:35 Thu 1:30-4:50-10:35
Free Birds (G) Fri-Sun 1:15 Thu 1:20
Free Birds 3D (G) Fri-Sun 3:30-5:45-7:50-10 Mon-Thu 5:45-7:50-10
Gravity 3D (PG) Fri-Sun 12:50-3:20-5:40-8:10-10:25 Mon-Wed 5:40-8:10-10:25 Thu 1:25-8:10-10:25
Jackass Presents: Bad Grandpa (14A) Fri 1:10-3:30-6-8:20-10:40 Sat 3:30-6-8:20-10:40 Sun 1:10-3:30-6-8:20-10:40 Mon-Wed 6-8:20-10:40 Thu 1:15-6-8:20-10:40
Krrish 3 (PG) Fri-Sun 12:35-3:50-7:05-10:20 Mon-Thu 5:50-9:20
Last Vegas (PG) Fri-Sun 12:30-3-5:35-8:10-10:45 Mon-Thu 5:35-8:10-10:45 Star & Strollers Screening Thu 1
The Metropolitan Opera: Tosca (STC) Sat 12:55
Out of Africa (STC) Sun 12:45
Pipes & Sticks on Route 66 (STC) Thu 6:30
Thor: The Dark World (PG) Fri-Sun 1-3:50-6:40-9:30 Mon-Tue 6:10-9:10 Wed 7-9:50 Thu 5:30-9:20 Star & Strollers Screening, Thu 1
Thor: The Dark World 3D (PG) Fri-Sun 1:40-4:30-7:20-10:10 Mon-Tue 7-9:50 Wed 6:10-9:10 Thu 7-9:50 Fri-Sun 2:20-5:10-8-10:50 Mon-Wed 4:50-7:40-10:30 Thu 1:35-4:50-7:40-10:30

Empire 7 Cinemas
111 Albert St. 3rd Floor
World Exchange Plaza

12 Years a Slave (14A) Fri 6-9 Sat-Sun 12-3-6-9 Mon 6-9 Tue 3-6-9 Wed-Thu 6-9
About Time (14A) Fri 6:30-9:30 Sat-Sun 12:30-3:30-6:30-9:30 Mon 6:30-9:30 Tue 3:30-6:30-9:30 Wed 6:30-9:30 Thu 6:30-9:45
Captain Phillips (14A) Fri 6:15-9:15 Sat-Sun 12:15-3:15-6:15-9:15 Mon 6:15-9:15 Tue 3:15-6:15-9:15 Wed-Thu 6:15-9:15
Ender's Game (PG) Fri 6:15-9:15 Sat-Sun 12:15-3:15-6:15-9:15 Mon 6:15-9:15 Tue 3:15-6:15-9:15 Wed-Thu 6:15-9:15
Gravity (PG) Fri 6:50-9:50 Sat-Sun 12:50-3:50-6:50-9:50 Mon 6:50-9:50 Tue 3:50-6:50-9:50 Wed 6:50-9:50 Thu 9:50
Last Vegas (PG) Fri 7-9:40 Sat-Sun 1-4-7-9:40 Mon 7-9:40 Tue 4-7-9:40 Wed-Thu 7-9:40 Thor: The Dark World (PG) Sat-Sun 3:45 Tue 3:45
Thor: The Dark World 3D (PG) Fri 6:45-9:45 Sat-Sun 12:45-6:45-9:45 Mon-Thu 6:45-9:45

Rainbow Cinemas
St. Laurent Centre
1200 St. Laurent Blvd.

Cottage Country (14A) Fri-Thu 4:10-9:20
Despicable Me 2 (G) Fri-Thu 10:10-12:20-2:35-4:45 Don Jon (18A) Fri-Thu 10:40-1-3-7:05
The Fifth Estate (14A) Fri-Thu 10:30-1:10-6:30 Lee Daniels' The Butler (14A) Fri-Thu 10:05-7:25
Monsters University (G) Fri-Thu 12:40-2:55-5:10
Planes (G) Fri-Thu 12:50-2:50-5:05
Prisoners (14A) Fri-Sat 9:55-7:15 Open Captioned Sun-Mon 9:55-7:15 Tue 9:55-7:15 Open Captioned Wed 9:55-7:15 Thu 9:55-7:15
Runner Runner (14A) Fri-Thu 5-9:05
We're the Millers (14A) Fri-Thu 6:55-9:15

South Keys
2214 Bank St.

Black Beauty (STC) Sat 11
Captain Phillips (14A) Fri 12:50-3:55-7:05-10:05 Sat 2-7:05-10:05 Sun-Thu 12:50-3:55-7:05-10:05
Carrie (14A) Fri-Thu 4-9:40
The Counselor (14A) Fri 10:40-1:20-6:50 Sat 1:20-6:50 Sun-Thu 10:40-1:20-6:50
Ender's Game (PG) Fri-Thu 10:50-1:30-4:15-7-9:45
Escape Plan (14A) Fri 10:55-1:35-4:20-7:10-10 Sat 12:10-7:10-10 Sun-Tue 10:55-1:35-4:20-7:10-10 Wed 10:55-1:35-4:20-10 Thu 10:55-1:35-4:20-7:10-10
Free Birds (G) Fri-Thu 10:35-12:40
Free Birds 3D (G) Fri-Thu 2:45-5-7:15-9:30
Gravity 3D (PG) Fri 12:20-2:40-5:05-7:35-9:55 Sat 11:30-5:05-7:35-9:55 Sun-Tue 12:20-2:40-5:05-7:35-9:55 Wed 12:20-2:40-5:05-7:35 Thu 12:20-2:40-5:05-7:35-9:55
Jackass Presents: Bad Grandpa (14A) Fri-Thu 10:30-12:45-3-5:20-7:40-10
Last Vegas (PG) Fri-Thu 11:40-2:15-4:50-7:30-10:10
The Metropolitan Opera: Tosca (STC) Sat 12:55
Prisoners (14A) Fri 11:50-3:20-6:40-9:50 Sat 3:20-6:40-9:50 Sun-Thu 11:50-3:20-6:40-9:50
Royal Shakespeare Company: Richard II (STC) Wed 7
Thor: The Dark World (PG) Fri-Thu 10:25-1:05-3:45-6:45-9:35
Thor: The Dark World 3D (PG) Fri-Thu 12:15-3:05-6:05-8:55 Fri-Thu 10:45-1:40-4:25-7:25-10:15

Cinéma des
Galeries d'Aylmer
400 boul. Wilfrid-Lavigne

Ender's Game (13+) Fri-Sun 12:50-3:20-6:50-9:20 Mon 6:50 Tue 12:50-3:20-6:50-9:20 Wed-Thu 6:50-9:20
Free Birds (G) Fri-Sun 12:50-6:50-9:10 Mon 6:50 Tue 12:50-6:50-9:10 Wed 9:10 Thu 6:50-9:10
Jackass Presents: Bad Grandpa (13+) Fri-Sun 1:10-3:30-7:10-9:30 Mon 7:10 Tue 1:10-3:30-7:10-9:30 Wed-Thu 7:10-9:30
Mission Dindons (G) Fri-Sun 3:10 Tue 3:10 Thor: The Dark World 3D (G) Fri-Sun 1-3:30-7-9:30 Mon 7 Tue 1-3:30-7-9:30 Wed-Thu 7-9:30

Ciné-starz
1100 boul. Maloney Ouest

Les avions (G) Fri-Sun 12-1:40-3:20-5:20-7 Mon-Thu 12-3:30-5:10
La banque gagne toujours (13+) Fri-Sun 5:25-7:05-8:45 Mon-Thu 1:55-7:25-9:05
Le combat de l'année (G) Fri-Sun 9:15 Mon-Thu 12-3:30-5:25
Don Jon (16+) Mon-Thu 1:55-7:20-9
Détestable moi 2 (G) Fri-Sun 12-1:45
Gabrielle (G) Fri-Sun 3:30-7:40-9:30 Mon-Thu 1:40-7-9
Percy Jackson: Sea of Monsters (G) Fri-Sun 1:45-5:30-7:20 Mon-Thu 12-3:35-5:30
Prisonniers (13+) Fri-Sun 5-8:45 Mon-Thu 1:50-6:20-9
Les Schtroumpfs 2 (G) Fri-Sun 12-1:50-3:40 Mon-Thu 12-4:30
Turbo (G) Fri-Sun 12-3:40

Gatineau 9
120 boul. de l'Hôpital

Amsterdam (13+) Fri 9:15 Sat-Sun 3:30-9:15 Mon 9:15 Tue 3:30-9:15 Wed-Thu 9:15 Capitaine Phillips (13+) Fri 6:30 Sat-Sun 12:15-6:30 Mon 6:30 Tue 12:15-6:30 Wed-Thu 6:30
Gravité 3D (G) Fri-Thu 3:05-9:20
Jackass présente: Vilain Grand-Père (13+) Fri 6:50-9:05 Sat-Sun 12:40-3:20-6:50-9:05 Mon 6:50-9:05 Tue 12:40-3:20-6:50-9:05 Wed-Thu 6:50-9:05
L'autre maison (G) Fri 7:05 Sat-Sun 1:10-7:05 Mon 7:05 Tue 1:10-7:05 Wed-Thu 7:05
Mission Dindons 3D (G) Fri 7:10-9:10 Sat-Sun 1-7:10-9:10 Mon 7:10-9:10 Tue 1-7:10-9:10 Wed-Thu 7:10-9:10
Moroccan Gigolos (G) Fri 7:20-9:35 Sat-Sun 1:20-3:45-7:20-9:35 Mon 7:20-9:35 Tue 1:20-3:45-7:20-9:35 Wed-Thu 7:20-9:35
La stratégie Ender (13+) Fri 7:15-9:40 Sat-Sun 1:15-3:45-7:15-9:40 Mon 7:15-9:40 Tue 1:15-3:45-7:15-9:40 Wed-Thu 7:15-9:40
Thor: Un monde obscur 3D (G) Fri 7-9:45 Sat-Sun 12:50-3:40-7-9:45 Mon 7-9:45 Tue 12:50-3:40-7-9:45 Wed-Thu 7-9:45
Le tombeau (13+) Fri 6:45-9:30 Sat-Sun 12:30-3:10-6:45-9:30 Mon 6:45-9:30 Tue 12:30-3:10-6:45-9:30 Wed-Thu 6:45-9:30
Virée à Vegas (G) Fri 6:45-9:25 Sat-Sun 12:20-3-6:45-9:25 Mon 6:45-9:25 Tue 12:20-3-6:45-9:25 Wed-Thu 6:45-9:25

StarCité Hull
115 boul. du Plateau

Amsterdam (13+) Fri-Sun 4:15-9:50 Mon 9:50 Tue 4:15-9:50 Wed-Thu 9:50
Black Beauty (STC) Sat 11 Sat 11
Captain Phillips (13+) Fri-Sun 1-4-7-10 Mon 6:45-9:45 Tue 1-4-7-10 Wed-Thu 6:45-9:45
The Counselor (13+) Fri-Thu 9:50
Ender's Game (13+) Fri 2:15-5-7:45-10:25 Sat 11:45-2:15-5-7:45-10:25 Sun 2:15-5-7:45-10:25 Mon 7:30-10:10 Tue 2:15-5-7:45-10:25 Wed 7:30-10:10 Thu 7:15-10:10
Escape Plan (13+) Fri 2:20-5-7:40-10:20 Sat 11:45-2:20-5-7:40-10:20 Sun 2:20-5-7:40-10:20 Mon 7:25-10:05 Tue 2:20-5-7:40-10:20 Wed-Thu 7:25-10:05
Free Birds (G) Fri-Sun 12:30-2:45-5-7:15-9:30 Mon 7:15-9:30 Tue 12:30-2:45-5-7:15-9:30 Wed-Thu 7:15-9:30
Gravity 3D (G) Fri 1:10-3:25-5:40-7:55-10:10 Sat 11-1:10-3:25-5:40-7:55-10:10 Sun 1:10-3:25-5:40-7:55-10:10 Mon 7:55-10:10 Tue 1:10-3:25-5:40-7:55-10:10 Wed-Thu 7:55-10:10
Gravité 3D (G) Fri 12:40-2:55-5:10-7:25-9:40 Sat 5:10-7:25-9:40 Sun 12:40-2:55-5:10-7:25-9:40 Mon 7:25-9:40 Tue 12:40-2:55-5:10-7:25-9:40 Wed 7:25-9:40 Thu 9:40 Il pleut des hamburgers 2 (G) Fri-Sun 12:20-2:40-5-7:20 Mon 7:20 Tue 12:20-2:40-5-7:20 Wed-Thu 7:20
Jackass Presents: Bad Grandpa (13+) Fri 1:30-3:45-5:55-8:15-10:30 Sat 11:15-1:30-3:45-5:55-8:15-10:30 Sun 1:30-3:45-5:55-8:15-10:30 Mon 8-10:15 Tue 1:30-3:45-5:55-8:15-10:30 Wed-Thu 8-10:15
Last Vegas (G) Fri-Sun 12:30-3-5:30-8-10:30 Mon 7:30-10 Tue 12:30-3-5:30-8-10:30 Wed-Thu 7:30-10
The Metropolitan Opera: Tosca (STC) Sat 12:55
Mission Dindons (G) Fri 1:15 Sat 11-1:15 Sun 1:15 Tue 1:15
Mission Dindons 3D (G) Fri-Sun 3:30-5:45-8-10:15 Mon 7-9:15 Tue 3:30-5:45-8-10:15 Wed-Thu 7-9:15
Prisoners (13+) Fri-Sun 1-6:45 Mon 6:45 Tue 1-6:45 Wed-Thu 6:45
La stratégie Ender (13+) Fri 1:45-4:20-7-9:45 Sat 11:15-1:45-4:20-7-9:45 Sun 1:45-4:20-7-9:45 Mon 7-9:45 Tue 1:45-4:20-7-9:45 Wed-Thu 7-9:45
Thor: The Dark World (G) Fri 1:20-4:10-7:10-10 Sat 11-1:20-4:45-7:10-10 Sun 1:20-4:10-7:10-10 Mon 7-9:45 Tue 1:20-4:10-7:10-10 Wed-Thu 7-9:45 Star & Strollers Screening, Thu 1:30
Thor: The Dark World 3D (G) Fri 2-4:50-7:40-10:30 Sat 11:30-2-4:50-7:40-10:30 Sun 2-4:50-7:40-10:30 Mon 7:25-10:15 Tue 2-4:50-7:40-10:30 Wed-Thu 7:25-10:15
Thor: Un monde obscur (G) Fri 1:05-3:55-6:55-9:45 Sat 10:50-1:05-3:55-6:55-9:45 Sun 1:05-3:55-6:55-9:45 Mon 6:45-9:30 Tue 1:05-3:55-6:55-9:45 Wed-Thu 6:45-9:30 Thu 1
Thor: Un monde obscur 3D (G) Fri 1:45-4:35-7:25-10:15 Sat 11:15-1:45-4:35-7:25-10:15 Sun 1:45-4:35-7:25-10:15 Mon 7:10-10 Tue 1:45-4:35-7:25-10:15 Wed-Thu 7:10-10

Barrhaven Cinemas
131 Riocan Dr.

Black Beauty (STC) Sat 11
Captain Phillips (14A) Fri 7:05-10 Sat 1-7:05-10 Sun 1-4-7:05-10 Mon-Thu 7
Ender's Game (PG) Fri 7-9:45 Sat-Sun 1:30-4:15-7-9:45 Mon-Thu 5:05-7:45
Free Birds (G) Sat-Sun 12 Star & Strollers Screening Thu 1
Free Birds 3D (G) Sat-Sun 2:10-4:25 Mon-Thu 5
Gravity 3D (PG) Fri 7:20-9:40 Sat-Sun 12:20-2:40-4:50-7:20-9:40 Mon-Thu 5:20-7:35 Jackass Presents: Bad Grandpa (14A) Fri 7:50-10:15 Sat 5:30-7:50-10:15 Sun 12:40-3-5:30-7:50-10:15 Mon-Thu 5:40-8
Last Vegas (PG) Fri 7:45-10:15 Sat-Sun 12-2:30-5:05-7:45-10:15 Mon-Thu 5:30-7:55
The Metropolitan Opera: Tosca (STC) Sat 12:55
Thor: The Dark World (PG) Fri-Sun 6:45-9:35 Mon-Thu 7:10 Star & Strollers Screening, Thu 1
Thor: The Dark World 3D (PG) Fri 7:40-10:30 Sat-Sun 1:45-4:40-7:40-10:30 Mon-Thu 5-7:50

SilverCity, 2385
City Park Dr.

12 Years a Slave (14A) Fri-Tue 12:50-4-7:15-10:30 Wed 4-7:15-10:30 Thu 12:50-4-7:15-10:30 Star & Strollers Screening Wed 1 About Time (14A) Fri-Thu 1:10-4:05-7:05-10:05
Black Beauty (STC) Sat 11
Captain Phillips (14A) Fri 1:45-4:45-7:45-10:45 Sat 4:45-7:45-10:45 Sun-Thu 1:45-4:45-7:45-10:45
Carrie (14A) Fri-Sat 2:25-8:05 Sun 8:05 Mon 2:25 Tue-Thu 2:25-8:05
Cloudy With a Chance of Meatballs 2 (G) Fri 12:35-3:05-5:30-7:55 Sat 11:45-12:35-3:05-5:30-7:55 Sun-Tue 12:35-3:05-5:30-7:55 Wed-Thu 3:05-5:30-7:55
The Counselor (14A) Fri-Thu 10:25
Ender's Game (PG) Fri-Thu 1-3:50-6:50-9:45 Ender's Game: The IMAX Experience (PG) Fri-Thu 1:50-7:30
Escape Plan (14A) Fri-Tue 1:05-3:55-6:55-9:55 Wed 1:05-3:55-10:40 Thu 1:05-3:55-6:55-9:55
Free Birds (G) Fri 1 Sat 11:25-12:30 Sun 12:30 Mon-Thu 1
Free Birds 3D (G) Fri 3:10-5:25-7:50-10:15 Sat-Sun 3-5:25-7:50-10:15 Mon-Thu 3:10-5:25-7:50-10:15
Gravity 3D (PG) Fri 12:20-2:45-5:15-7:40-10:10 Sat 5:15-7:40-10:10 Sun-Tue 12:20-2:45-5:15-7:40-10:10 Wed-Thu 2:45-5:15-7:40-10:10
Jackass Presents: Bad Grandpa (14A) Fri-Thu 12:55-3:20-5:50-8:15-10:40
Last Vegas (PG) Fri-Sun 1:55-4:35-7:20-10 Mon 1:55-4:30-8-10 Tue-Thu 1:55-4:35-7:20-10
The Metropolitan Opera: Tosca (STC) Sat 12:55
Out of Africa (STC) Sun 12:45
Royal Shakespeare Company: Richard II (STC) Wed 7
Rush (14A) Fri-Thu 5:05-10:35
Space Battleship Yamato (STC) Mon 7
Thor: The Dark World (PG) Fri-Tue 12:25-3:10-6-8:50 Wed 5:40-8:30 Thu 3:10-6-8:50 Star & Strollers Screening, Wed 1 Thor: The Dark World — An IMAX 3D Experience (PG) Fri-Thu 4:40-10:20
Thor: The Dark World 3D (PG) Fri 12:50-1:20-2:20-3:40-4:10-5:10-6:30-7-8-9:20-9:50-10:45 Sat 11:30-12:50-1:20-2:20-3:40-4:10-5:10-6:30-7-8-9:20-9:50-10:45 Sun-Thu 12:50-1:20-2:20-3:40-4:10-5:10-6:30-7-8-9:20-9:50-10:45

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About Time (14A) , Fri-Sun 12:20-3:20-6:50-9:50 , Mon 6:40-9:40 , Tue 12:20-3:20-6:50-9:50 , Wed-Thu 6:40-9:40
Captain Phillips (14A) , Fri 3:15-6:20-9:40 , Sat-Sun 12:10-3:15-6:20-9:40 , Mon 6:10-9:15 , Tue 12:10-3:15-6:20-9:40 , Wed-Thu 6:10-9:15
Ender's Game (PG) , Fri 12:40-3:50-7:15-9:15-10:10 , Sat 12:40-3:50-7:15-10:10 , Sun 12:40-3:50-7:15-9:15-10:10 , Mon 6:20-9:10-9:15 , Tue 12:40-3:50-7:15-9:15-10:10 , Wed-Thu 6:20-9:10-9:15
Free Birds (G) , Fri-Sun 1:20-4:10-6:40 , Mon 6:50 , Tue 1:20-4:10-6:40 , Wed-Thu 6:50
Gravity (PG) , Sat 9:15 , Tue 12:50
Gravity 3D (PG) Fri 3:40 Sun 6:10-8:45 Mon 7:10-9:50 Tue 3:40-6:10-8:45 Wed-Thu 7:10-9:50
Jackass Presents: Bad Grandpa (14A) , Fri 4:30-7:30-10:05 , Sat-Sun 1:30-4:30-7:30-10:05 , Mon 7:15-9:55 , Tue 4:30-7:30-10:05 , Wed-Thu 7:15-9:55
Last Vegas (PG) , Fri-Sun 1:10-4:20-7:20-10:15 , Mon 6:45-9:20 , Tue 1-4:20-7:20-10:15 , Wed-Thu 6:45-9:20
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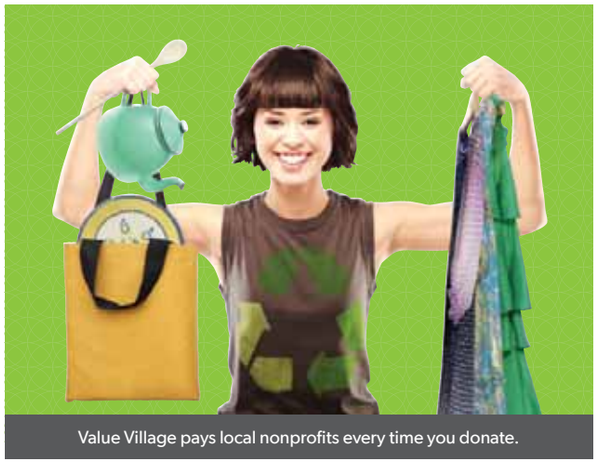
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As we've learned from reading the gossip pages of InTouch and Us Weekly, celebrity romances tend to be quickies. Restraint is less of a virtue — it's more about being a fast fit. When it comes to fast fits in the world of TV, Katee Sackhoff of Battlestar Galactica fame sharing a bathtub with Wolowitz on Big Bang Theory or James Woods parodying himself on Family Guy were pure cameo kismet. Here, we match stars to TV shows they ought to temp on.

MIKE DOJC/FOR METRO

5 TV shows stars should temp on

Bruce Jenner (The Real Housewives Circuit)

The newly single Kardashian papa bear may have won a gold medal in the decathlon and briefly replaced Erik Estrada on CHiPs for a spell, but unless he has another 15 minutes, he'll best be known for being Kris' lapdog for 22 years and having copious amounts of plastic surgery. Cavorting with Bravo's social schemers would give the tabloid pages something else to talk about.

Amy Schumer (The Mindy Project)

This rising comedienne parlayed coming in fourth place on season five of Last Comic Standing to roasting Roseanne Barr and Charlie Sheen and eventually landing her own show. While Inside Amy Schumer has been picked up for a second season, to get to the next rung on the funny business pyramid Amy's going to have to broaden her fan base. A turn as a neurotic gal pal from Mindy's past could be another step on the steep climb to the A-list.

Jason Segel (Michael J. Fox Show)

With How I Met Your Mother winding down at long last, and no big screen roles on the horizon until the summer of 2014, this big lug needs to break out of the Marshall mould and stay relevant. Segel could get a lot of mileage playing against type as a suave network bigwig attempting to woo Mike away from WNBC. To complicate matters he could also happen to be one of Annie's ex-lovers.

Rob Schneider (Workaholics)

Deuce Bigalow would totally gel with slack-off sultans Blake, Adam and Ders chugging a rooftop cold one or getting roped along on one of their harebrained misadventures. Robert Englund and Tom Green turned up on season three, so there's precedent for Schneider-aged cameos. He could play Ders' old swim swami who convinces the lanky stoner that he still has a shot at the Olympics if he joins a men's synchronized swimming squad.

Kevin Durant (Scandal)

KD dipped his toes into showbiz in last year's Thunderstruck, one of those cliché-ridden switcheroo flicks in which a kid magically acquires the basketball superstar's skills. Like most athletes who moonlight in Hollywood, Durant could benefit from acting lessons, but Olivia Pope's crisis-management firm has fixed far more awkward situations. Besides, the NBA thespian bar is set so low that a middling bit-role on this political smut ride could elevate Durant above the rim.

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‘I haven’t got the guts to ask Adele for a duet’

New music. Celine Dion talks about who she admires in the industry, who she doesn’t think much of and her latest musical effort

RICHARD PECKETT
Metro World News

Celine Dion is alive and well — and she’s not going anywhere. GETTY IMAGES

Up until recently, the Twittersphere would have you believe that Celine Dion is dead. She isn’t. Rather ironically, the 45-year-old’s album is titled Loved Me Back to Life (out now). Dion, whose career has spanned 30 years, is moving on lyrically and melodically. Here, in a roundtable interview in London’s The Dorchester hotel, Dion chats about her love for Adele, album cover nudity and her latest record.

It’s your first English language record in six years. Why did now seem the right time to put an album out?
I haven’t stopped, to be honest with you. I started a new show in Las Vegas almost three years ago, then I did a French album and also had two babies. Do the math: time goes fast too.

Were you trying to reinvent yourself with this album?
You can’t reinvent yourself every five years. For 30 years I have been using the same recipe. This time round, we’re trying to freshen up and modernize — it’s a second wind. I’m not trying to reinvent myself but at the same time I’m not going to go on with singing My Heart Will Go On, Because You Loved Me and The Power of Love.

There are elements of Adele in this album. Is she an influence?
She has an influence on my life. Period. I love her. I’m taking hot tea everyday and I’m hoping she’s going to pop up and have tea with me.

Will you collaborate with her?
I haven’t got the guts to ask for a duet. I just would love to meet with her. If I see her, I would be star-struck and tell her that I’m her number one fan. Every soundtrack that I do, I find ways to sing her songs through my warm-up but I wouldn’t be so tacky as to ask her to sing with me.

Cher mentioned recently on a talk show that the crowds in Vegas during her residency were “very, very old, often sedated and didn’t seem into the music.” Now that your residency is almost over, can you say how you honestly felt about it?
She is very, very old, so the crowd is going to be old. (Gets up and walks away in mock shock). I’ve seen Cher perform and she is amazing. Hmm, the theatre itself is formal when you come in. It’s not like you can rouse the crowd with Do You Believe In Life After Love; it’s all gentle claps and hums. You really have to understand that it brings that mood.

What’s your experience?
Musically it gives me the possibility to enjoy my music. I can sing 70 shows a year, whereas I was doing 200 or at best 160 per year and I couldn’t breathe (pants like a dog) and then I go home every night. As an artist it gives me an opportunity to do my work and be happy about it.

Miley Cyrus, Britney Spears and Sky Ferreira have all stripped for recent album covers and editorials. Were you ever tempted?
(Laughs) I’m too gorgeous for doing that. No, I’m glad I didn’t have to do that and I didn’t feel the need.

Selling souls

What do you think of Miley Cyrus, Britney Spears and Sky Ferreira’s decision to go with a more wild approach?

- **Quote.** “I respect them; they can do whatever they want. It’s what we decide to watch and we have to decide whether it’s okay for us (the consumer). Some people feel the need to go very far to feel something — to sell their souls pretty much. I wish them luck and longevity in their career but what’s going to be coming after that?”

Talib Kweli. Looking to cut the middle man out of the music industry

Talib Kweli is releasing a new album — sans label. GETTY IMAGES

On his classic 2007 track, Hot Thing, rapper Talib Kweli rhymes, “I’m sending this one out to you and you and you.” When dealing with a guy who has been called the deepest thinker in the rap game, you know he doesn’t use language lightly, and Kweli is making good on that claim and literally sending his next album out to you.

“This is the first album I’m dropping directly to my fans,” Kweli says. “No label. No nothing. This is a first. The technology hasn’t been around to do this before.”

In an effort to directly connect with his fan base, Kweli is making his latest project, Gravitas, available in an exclusive pre-sale on the website KweliClub.com. It marks the rapper’s sixth solo album and it features the likes of OhNo, Q-Tip, Lord Quest and Rich Kidd. Kweli says his goal is to eliminate the middleman, as in the greedy music executives wanting their cut.

“I’m not an artist presented on a huge national level,” he says, humbly. “I’d rather just email my core fans and put it out there than spend millions on a direct marketing campaign and hope you buy it. I don’t have to convince you if you’re already a fan.”

Gravitas is due to be released on Dec. 15. Kweli, who promises to personally interact with fans via email and social media, says it stays true to his classic vibe, meaning it won’t feature any lyrics involving Maybachs or boots with the fur.

“I make music for myself,” he says. “It wouldn’t come out if I didn’t feel good about it.” MICHAEL GREGER/METRO

Arcade Fire. Success being Reflektor'd with their album sales

Montreal's Arcade Fire has another hit in Reflektor, mirroring the success of their breakthrough third album.

The sprawling double-album — the band's fourth — has debuted atop the chart in both Canada and the U.S., according to numbers from Nielsen SoundScan.

In Canada, the ambitious 75-minute song cycle sold 49,344 albums to claim the No. 1 spot, while the album sold 140,000 copies in the U.S.

That's slightly shy of the 156,000 units the band's third album The Suburbs moved Stateside when it topped charts upon its 2010 release, according to Billboard.

That record went on to gold certification in the U.S. while going double-platinum in Canada and securing Grammy and Juno awards for album of the year.

Still, Reflektor usurped Katy Perry's Prism as the top album in both countries.

Arcade Fire's reign could be short-lived.

By the numbers

140,000

In Canada, Arcade Fire's 75-minute effort sold 49,344 albums. It claimed the No. 1 spot. The album sold 140,000 copies in the U.S.

Eminem's The Marshall Mathers LP 2 hits stores this week and is expected to claim the top chart spot.

THE CANADIAN PRESS

Holding your attention

SOUND CHECK
Alan Cross
scene@metronews.ca

David Bowie, Rob Zombie and Puddles the Sad-Faced Clown demand that you watch them carefully

Love Is Lost/ David Bowie

Bowie created this video to make up for his non-appearance at the Mercury Music Prize ceremony. Using materials and gear lying around his New York City office, the cost of making this video was $12.99 (for a USB drive to deliver the video).

We're An American Band/Rob Zombie

A performance video in which Mr. Zombie channels Grand Funk Railroad from 1973. More cowbell, please.

Royals/ Puddles the Sad-Faced Clown

Puddles really is a clown. He's also seven feet tall. There's a flood of Royals tributes/parodies showing up on YouTube these days.

Video game review

Bat-bland

Batman: Arkham Origins

System. PS3, Xbox 360, PC, Wii U

Rated. Teen

The third in the Arkham series is an all-too-familiar mix of street brawls, bat gadgets and Enigma puzzles, inside familiar prison, museum, and sewer settings, against many of the same villains. New voice-over actors, a start-over Batman story and an abundance of add-ons somehow fail to keep things fresh. The absence of writer Paul Dini, who gave the first two Arkhams their wildly entertaining insanity, is sorely felt. KRIS ABEL/METRO

Thinking with their heads, playing with their hearts and just being still

New music. The Seattle band has risen from relative obscurity to being invited on tour with the famed Dave Matthews Band

ALEXANDRA CAVALLO
Metro World News

The Head and the Heart have to be seen on stage to be believed. GETTY IMAGES

If the sound that defined Seattle folkies The Head and the Heart's eponymous debut album can be described as grassroots, the unlikely story of the success that followed is even more so.

The six-piece band of multi-instrumentalists self-recorded and released the album, distributing it at local rock clubs and record stores, and relying on word of mouth to generate hype. And, somewhat remarkably, it worked.

The Head and the Heart went from playing the Seattle club circuit to opening for Vampire Weekend and being tapped by Dave Matthews to join him on tour in what seems like record time.

"That was insane," says vocalist/guitarist Josiah Johnson. "But we didn't really have time to step back together and be like, 'It's all happening, guys.' You kind of just put your head down and keep going and going and going. (But) at some points, when we did have breaks, you sit back and say, 'Man, I didn't expect this much.'"

They didn't expect much of anything, according to Johnson.

"I don't really consider the last time like recording an album," he says. "We were just kind of getting things down as quick as possible and kind of just creating something that we could burn and give to venues. It wasn't this, 'I have a big picture of this album' thing."

In fact, he attributes a large part of the sound on their freshman effort — an organic, delicately melancholy marriage of stripped down strings and lovely, unadorned vocals — simply to having to make do with what they had.

"It's not really what we set out to write. That's not the only type of band that we are," he says when asked if he ever worries about the band's direction, once the current wave of popularity of indie-folk recedes and another genre inevitably takes its place.

"One of the things that was really exciting about recording (their new album, Let's Be Still) is when you listen to this album it's not all reliant upon the stamping and clapping and the 'heying,' because that's not what we set out to only be. The reason you might hear that on the first album is because we didn't have the time to sit in the studio. We only had our acoustic guitars and limited resources.

"I love that album, but that's not the only kind of music that we listen to, and I think this band has a lot of directions it can go in."

One of those new directions — and the fruits of their access to more resources, since signing with Sub Pop in 2010 — is evident on Let's Be Still, which is marked by a considerably slicker, more polished sound. This time around, they've had time to put thought — a lot of it — into what was indeed a "big picture of an album thing."

"We recorded it at a studio that we recorded some stuff for the first record at," says Johnson.

"Except, for the first record we just did like a big session in a room with a piano in three days and then recorded everything else in a guy's living room. This time we were there for the better part of three and half or four months. And we spent a lot more time in the studio not recording, but sitting and writing, and jamming out. Which is a luxury that you have when you have a record label that is helping you pay for it."

What hasn't changed, however, is their knack for heartfelt balladry and thoughtful lyricism, mining for bare emotion without over-emoting. But Let's Be Still shows a maturity that can be attributed to a lot of time spent on the road.

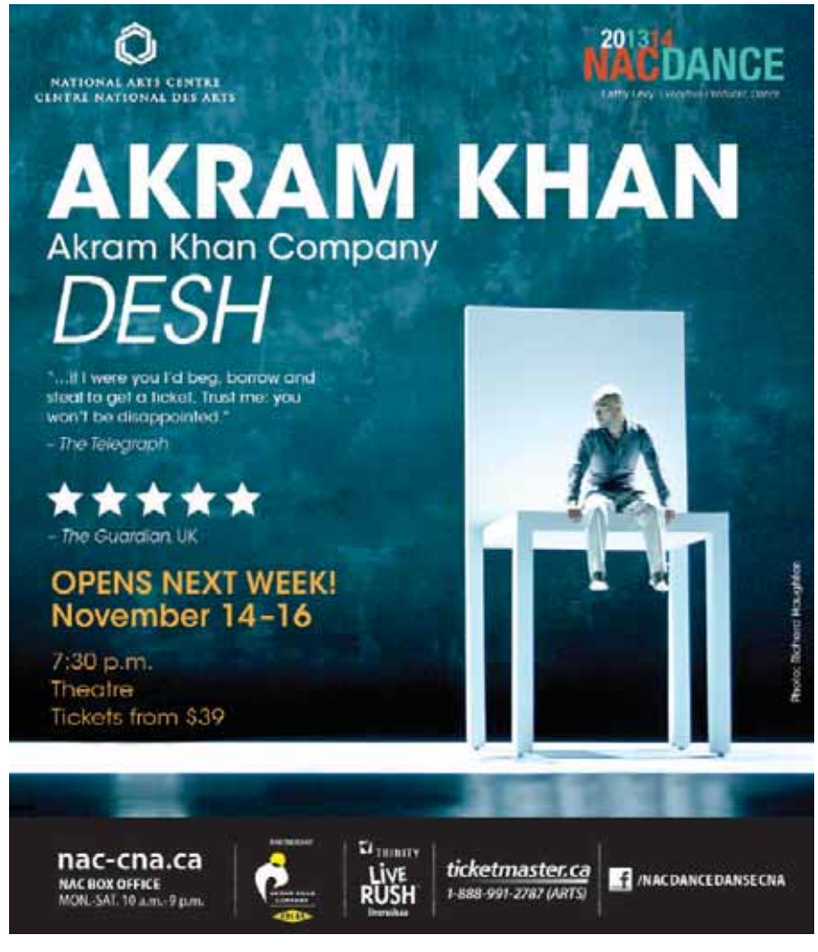
"I think we did more than is sustainable. All these crazy opportunities were coming up and available to us so we tried to take them all," says Johnson of a whirlwind couple years spent touring nonstop — and an ease in their relationships as bandmates, both in the studio and on the stage.

"We always make mistakes and learn from them. I think that's the best thing about having six people in the band," Johnson says. "We all kind of make those mistakes, but we have each other to correct ourselves along the way. It was a huge learning experience. I think, at this point, we've become family in the sense that we definitely have our arguments, but when we go on stage, well, we view ourselves as a live band."

Live stage shows

The Head and the Heart are, undeniably, first and foremost a live band. Their onstage energy is kinetic and they genuinely seem to be enjoying themselves. An unfettered, honest joy is palpable at their live shows — which can't be fake.

- **Quote.** "Some bands just want to sit in a room with a bunch of stuff and get the sound that they want, and then live shows are just, like, a necessary form of promotion," vocalist/guitarist Josiah Johnson explains. "For us, playing the shows was kind of part and parcel with writing songs. Once you write the song, the place that they exist most vibrantly is on stage."



Robin Roberts shines on

Good Morning America host Robin Roberts, in a sexy black jumpsuit and open-toed heels, looked the picture of health and then some at the CMA Awards in Nashville on Wednesday. Roberts was diagnosed with myelodysplastic syndrome in 2012 and underwent a bone marrow transplant last October.

Katy Perry

It's 'inevitable' Katy and John will get married (unless they break up again)

Apparently when it comes to Katy Perry and John Mayer hearing wedding bells, it's less a question of if than a question of when. "It's inevitable," a source tells E! News about the chance of Mayer proposing now that things have gotten "very serious" in their relationship. "Everyone wants them to get engaged. They are so perfect together," the source says.

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Hell hath no fury like a Gwyneth scorned

MELINDA TAUB
Metro World News in New York City

Gwyneth Paltrow is taking a stand. She wants all those concerned about freedom and justice to join with her in protesting Vanity Fair's cruelty to Gwyneth Paltrow.

Rumour has it that she is frantic over an upcoming Vanity Fair profile of her that contains some less-than-flattering revelations. She's already tried to get her famous friends to stop talking to the publication; now she wants them to refuse to party with VF too.

"Gwyneth feels her relationship with the magazine has been destroyed and she's urging pals not just to avoid doing business with the magazine, but to skip the mag's Oscar party as well," a source told Radar.

Vanity Fair's Oscar party is one of the swankiest, most prestigious parties in Hollywood. Even I, a humble blogger currently wearing teddy bear pajamas, know that. So I'd say Gwyneth is about to find out who her friends really are. Will Beyoncé think it's worth missing the biggest bash of the year to keep the 10 per cent discount on her GOOP subscription? One thing's for sure: I can't wait for this Vanity Fair profile. There must be something really good in there. Maybe she's secretly Saddam Hussein or something.

Justin Bieber. ALL PHOTOS GETTY IMAGES

The Biebs leaves Brazil with 'a little souvenir'

Justin Bieber's new penchant for graffiti may have gotten him into trouble with police in Brazil, as an investigation has been launched looking into Bieber's recent tagging on a wall of the former Hotel Nacional in Rio, according to TMZ.

Bieber's team reportedly received permission from Rio's city hall to spray-paint a different wall but opted for the Hotel Nacional because they felt the first choice was in a neighbourhood that was too dangerous. "He believed it to be a degraded area and decided to do it," a police spokesman says. "Now he is leaving Brazil with a little souvenir." The goal of the investigation is to determine if Bieber's actions constitute vandalism, a misdemeanor. Bieber is described in the reports as "young, blond, famous and a rebel."

Ashton Kutcher and Mila Kunis

Ashton and Mila just can't wait to reproduce

Ashton Kutcher and Demi Moore are reportedly about to file paperwork to formally end their marriage, and apparently it can't happen soon enough for Kutcher, who is desperate to start a family with girlfriend Mila Kunis, according to Radar Online.

"Ashton has made no secret of the fact that he wants to have a baby and he's told his family that they're not taking any 'precautions' against having a baby," a source says. "They don't really care if marriage comes before baby. In fact, they don't think they have to be married to have a child."

Liquid Assets

Cachaça for everyone

LIQUID ASSETS
Peter Rockwell
@therealwineguy
facebook.com/therealwineguy
liquidassets@eastlink.ca

While Canadian security agents may be tapped into what's going on in Brazil, I'm betting most of you have never investigated cachaça (ka-SHA-sa) — the country's best known alcoholic beverage.

With all the wine pouring out of Chile and Argentina, I guess it's easy to understand how an in-your-face, sugar-cane-based spirit could take a back seat when South American booze comes to mind.

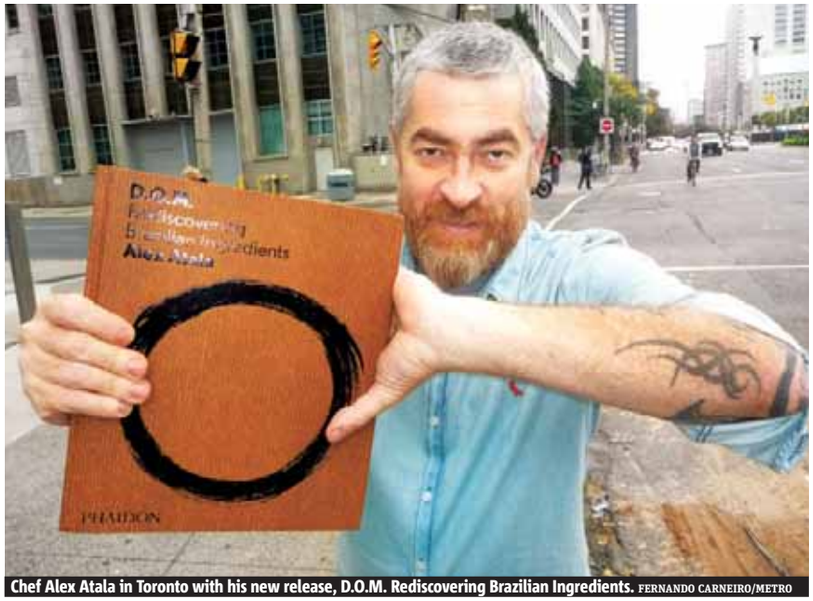
That said, cachaça is the third most consumed spirit in the world.

Often referred to as Brazilian rum, cachaça isn't made from molasses (like most rum). It's produced from raw sugar-cane juice that's been fermented and then distilled.

A fiery tipple, delicate Canadian palates will appreciate it best when served hidden underneath some mix like in Brazil's national cocktail, the caipirinha. Made with a combination of cachaça, lime juice and sugar, it's a refreshing, mint-less take on the mojito.

Selection varies across the country, with Leblon Cachaça ($29.95 to $32.99) available in most markets. White rum lovers will find a familiar sugary sweetness fighting its way through the up-front aggression, while tequila fans will appreciate its vegetal nuances. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

The Brazilian food revolution



Chef Alex Atala in Toronto with his new release, D.O.M. Rediscovering Brazilian Ingredients. FERNANDO CARNEIRO/METRO

Alex Atala. Meet the rebel chef who ventures into the jungle for ingredients and is taking on the food authorities

FERNANDO CARNEIRO
Metro

With Brazil hosting the two largest sporting events over the next three years — the World Cup and Olympics — you'll want to get to know the chef revolutionizing Brazilian cuisine and spreading it worldwide.

Alex Atala is applying classical French techniques learned in Europe to local ingredients — some that have long been ignored by Brazilians.

It's no wonder some people compare him to a real-life Dos Equis guy — the bearded man in the beer commercials described as the most interesting man in the world.

Atala is an adventurous chef who goes into the Amazon jungle to source his ingredients. He's a rebel, serving ingredients banned in Brazil. And he's really good. D.O.M. — Latin for "to the greatest and best god" — is considered the sixth-best restaurant in the world by Restaurant magazine. Its list is an annual snapshot of the opinions and experiences of more than 900 international restaurant-industry experts.

Recently, the tattooed former amateur boxer and DJ was in Toronto to promote his first significant cookbook.

Brazil is a melting pot, he says. Sao Paulo, for example, is home to the largest Japanese community outside of Japan and second-largest Italian community outside Italy.

As a colonial country, Brazilians learned to value foreign ingredients at the expense of their own. Atala is rediscovering those ingredients.

"As more and more Brazilians travel abroad and see countries like France value their gastronomy, they come home curious about Brazilian food," Atala said. "There's a movement happening."

To him, manioc — commonly known in Canada as cassava — is the most Brazilian of all ingredients.

"To the people in the Amazon, it's as important as soy is to Asian cultures."

His favourite dish at D.O.M. is filhote com tucupi — filhote, a type of catfish, is the largest fish in the Amazon and tucupi is manioc broth.

"When you think of tomato, basil and mozzarella, your mind goes to Italy. When you have this specific dish and you close your eyes, it's like being in the Amazon."

He also serves honey produced by Brazilian bees, which contains more humidity and therefore expires faster than that produced by bees imported from Europe. It's banned in Brazil because it can't be stored for long. Atala is fighting to have it and other local ingredients legalized.

Also revolutionary for Brazil, Atala started a non-profit think-tank — ATA (instituto-ata.org.br/en) — to promote fair-trade practices in the Amazon region and help farmers earn a living selling local produce.

If you do go to Brazil for the World Cup next year, Atala suggests that the best souvenir is flavour. Enjoy.

This recipe serves four. D.O.M. REDISCOVERING BRAZILIAN INGREDIENTS BY ALEX ATALA, PHAIDON.COM

Recipe

Mushroom With Smoked Parsnips

Ingredients

- 1 kg coarse salt
- 300 g parsnip, washed
- 150 g fresh button mushrooms

For presentation

- extra virgin olive oil, for coating the parsnips and for the presentation
- smoked salt
- salt and pepper
- 4 black garlic cloves
- parsley, chopped

Preparation

1. Preheat the oven to 200 C.

2. Dampen the coarse salt. Place half the salt on the bottom of a roasting pan. Place the parsnips on top of the salt in a single layer. Cover the parsnips with the rest of the coarse salt

3. Bake for an hour. Remove from the oven and transfer the parsnips to a rack to cool. When cool, peel the skin off the parsnips and cut them into 4 pieces lengthwise. Set aside.

4. In a large frying pan or skillet toast the button mushrooms directly over flame until golden brown. Set aside and keep warm

Finish and presentation

1. Place the parsnips in a clean roasting pan and coat lightly with olive oil

2. Return the parsnips to the oven for about 3 minutes to warm through

3. Remove from oven and season with the smoked salt. Season the mushrooms with salt and pepper, and place a mound of them in the centre of a dish.

4. Cut the cloves of black garlic in half. Arrange 2 pieces of parsnip and 2 halves of black garlic beside the mushrooms

5. Finish with a drizzle of olive oil and a sprinkling of parsley. **FROM D.O.M. REDISCOVERING BRAZILIAN INGREDIENTS BY ALEX ATALA, PHAIDON.COM**

Senators continue to bring best against Canadiens

Senators goalie Robin Lehner ventures behind his net to battle for a puck against the Canadiens' Rene Bourque on Thursday night at Canadian Tire Centre. Bobby Ryan, Marc Methot, Mark Borowiecki and Kyle Turris provided the offence and Lehner made 33 saves as the Senators won their second in a row, 4-1.
JANA CHYTILOVA/FREESTYLE PHOTOGRAPHY/GETTY IMAGES

Ban fighting? 'It's absolutely ridiculous'

NHL. Most around hockey's highest level feel pugilism will never be eradicated

If fighting is ever going to be eliminated by the NHL, it's going to take some convincing.

A recent survey suggested that more than two-thirds of Canadian hockey fans support banning fighting at all levels of the sport, but many current and former players don't consider it a debate worth having.

"I hate that it's even being talked about," Buffalo Sabres captain Steve Ott said. "It's absolutely ridiculous that even the notion of fighting being taken out. What a terrible mindset."

Changing the rules on fighting would require approval from a majority of the NHL Players' Association, which only last year agreed to grandfather in the mandatory use of visors. A 2011 poll conducted by the NHLPA and CBC found that 98 per cent of 318 players polled did not want to ban fighting.

Canadiens enforcer George Parros suffering a concussion after his head hit the ice during an opening-night fight with the Maple Leafs' Colton Orr seemingly hasn't changed many opinions.

"It's part of the game. It always has (been), and I think it always will be," Ottawa Senators forward Chris Neil said.

An Angus Reid poll released in March suggested 67 per cent of Canadian hockey fans want fighting banned, including at the professional level.

It's getting a lot of attention now, but many, including former NHL defenceman Joe Watson, don't think fighting will ever be eliminated.

"I honestly don't think it'll go away," he said.

THE CANADIAN PRESS

Bound to happen

"Every time you see an incident like in Montreal, it's tough to see, but the reality is that's a fluke accident."

Senators forward Chris Neil, referring to the Canadiens' George Parros suffering a concussion after falling while fighting the Leafs' Colton Orr on opening night back on Oct. 1.

CFL

Cornish proving to be a rare Canuck

Jon Cornish is up for two of the CFL's top individual awards.

The Calgary Stampeders running back was named the West Division finalist for the CFL's outstanding player and top Canadian honours Thursday in voting conducted by the Football Reporters of Canada and the league's eight head coaches.

Toronto Argonauts quarterback Ricky Ray was named the East Division nominee as outstanding player.

Cornish, a native of New Westminster, B.C., will attempt to become the first Canadian to be named the CFL's top player since Tony Gabriel of the Ottawa Rough Riders in 1978.

THE CANADIAN PRESS

Calgary Stampeders running back Jon Cornish THE CANADIAN PRESS

NHL

Brodeur shuts door on Flyers

Martin Brodeur stopped 22 shots, and Adam Henrique and Cam Janssen each scored goals to lead the New Jersey Devils to a 3-0 win over the Philadelphia Flyers on Thursday night.

Jaromir Jagr added an empty-netter with 1.3 seconds left.

THE ASSOCIATED PRESS

NFL players divided on Martin's response

Jonathan Martin left the Miami Dolphins last week due to treatment from his teammate Richie Incognito he considered abusive. LYNNE SLADKY/THE ASSOCIATED PRESS

In a culture that fosters conflict, Jonathan Martin sought to avoid it.

Upset by treatment he considered abusive, the Miami tackle left the Dolphins last week. His agent complained to the Dolphins, who suspended guard Richie Incognito.

The NFL is investigating whether Incognito harassed or bullied Martin, and whether their teammates and the organization mishandled the matter.

Some say Martin handled the situation well. But some players believe Martin should have responded more firmly.

"Is Incognito wrong? Absolutely," New York Giants safety Antrel Rolle said. "No individual should have to go through that, especially in their workplace.

"But at the same time, Jonathan Martin is a 6-4, 320-pound man. I mean, at some point and time you need to stand your ground as an individual."

Dolphins players have defended Incognito, long considered one of the NFL's dirtiest players, praising his leadership and loyalty.

They've been less passionate in their support of Martin, saying he and Incognito behaved like best friends.

"They did a lot of stuff together," tackle Tyson Clabo said. "So if he had a problem with the way he was treating him, he had a funny way of showing it." THE ASSOCIATED PRESS

Cardinal support

"I think he made the intelligent, smart choice."

Seattle Seahawks receiver Doug Baldwin, who played with Jonathan Martin at Stanford.

Fields close to regaining full strength

NBA. Raptors forward playing pivotal role for team as he overcomes nerve damage in elbow

Quoted

"I'd say I'm pretty close (to 100 per cent). Still some things I'm trying to work out, but it's getting close."

Raptors forward Landry Fields on overcoming nerve damage in his right elbow.

His elbow still isn't 100 per cent, he hasn't completely regained the strength or the control in his hand.

But nearly a year after Landry Fields had surgery to ease symptoms caused by nerve damage in his elbow, he's learning to adapt his game to his healing right arm, and looking more and more like the player the Toronto Raptors had hoped for when they acquired the small forward in the summer of 2012.

"I'm proud of him," teammate Kyle Lowry said. "Last year, he had surgery, he's had a lot of things going on with him, I'm just happy he's back out there, playing the way everyone knows he can play."

The 25-year-old has averaged 6.4 points and 5.6 rebounds a night anchoring the second unit.

"Landry's been solid," said Raptors coach Dwane Casey. "He's probably our most consistent guy on both ends of the floor. He's a utility guy, he's very valuable to what we do because he can guard multiple positions, he can play point guard, offensively he's one of our best attack-distribute guys, even at the four position. Really glad to see him healthy from where he was last year."

Fields, a starter for much of his two seasons with the New York Knicks, got off to a horrible start in Toronto, shooting just 20.8 per cent from the field and averaging just 2.3 points in his first five games after signing a three-year, $19-million US contract in the off-season.

It turns out he was having problems with his hand. He underwent ulnar nerve transposition surgery in November and sat out the next six weeks. The surgery was to alleviate nerve compression in his right elbow that had been causing his right hand to involuntarily curl up like a claw — a horrible problem to have when shooting a basketball is your livelihood.

The recovery, however, wasn't as quick and easy as he'd expected. Nerves heal at their own pace, and sometimes don't heal entirely at all.

"The nerve regeneration takes a very long time and that was the biggest shock to me, I thought I'd have surgery, and boom, I'm back," Fields said.

Fields and the Raptors (2-3) travel to Indiana to battle the 5-0 Pacers Friday.

THE CANADIAN PRESS

Forward Landry Fields is averaging 6.4 points and 5.6 rebounds per game in anchoring the Raptors' second unit. TORSTAR NEWS SERVICE FILE

Tennis

Federer cruises to win over Gasquet at ATP finals

Roger Federer made light work of Richard Gasquet to clinch his first win at the ATP World Tour Finals, defeating the Frenchman 6-4, 6-3 on Thursday to boost his chances of making the semifinals for an 11th time.

Gasquet hit only 11 winners and looked inhibited throughout. Federer, who has won a record six year-end championships, was not having a great day either — he had 30 unforced errors — but prevailed on important points as Gasquet converted only one of his six break chances. THE ASSOCIATED PRESS

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NBA. No. 1 overall pick Bennett sinks first basket in fifth career game

It certainly hasn't been the start he envisioned.

At least Cleveland Cavaliers forward Anthony Bennett can now breathe a slight sigh of relief after sinking his first basket in the NBA.

Playing in his fifth game, the No. 1 overall pick in the 2013 draft from Brampton, Ont., connected on a three-pointer with 9:46 left in the first half of Wednesday night's 109-104 loss to the Bucks in Milwaukee.

Bennett started the season 0-for-15 from the field in his first four games. He went 1-for-5 on Wednesday night.

THE ASSOCIATED PRESS

Anthony Bennett GETTY IMAGES FILE

Mike Tyson THE ASSOCIATED PRESS FILE

Mike Tyson. Ex-heavyweight champ bares soul in autobiography

Mike Tyson's life story is the gift that keeps giving.

And giving. And giving.

At one time he was the baddest man on the planet, a heavyweight champion who terrorized anyone who got in his way, inside the ring or out. More recently he's unburdened himself as perhaps the most tortured soul on earth, with a one-man show on Broadway that Spike Lee has turned into an HBO special airing Nov. 16.

It turns out that Tyson didn't tell us everything. Not to worry, because he's taken care of that in a hefty autobiography that might be the most soul-baring book of its genre ever written.

The title is Undisputed Truth, and the truth is that Mike Tyson is one messed up dude. He's desperate to put his demons to rest, but the book needed an extra epilogue written just before printing to talk about him falling off the sobriety wagon once again.

Quoted

"I have a lot of pain and I just want to heal."

Mike Tyson says he's back in Alcoholics Anonymous after drinking in August.

And though things might be better these days in Tyson's world, he constantly warns that he's not far from slipping off the edge, or slipping back into a strip club to party with drugs and women.

"Sometimes I just fantasize about blowing somebody's brains out so I can go to prison for the rest of my life," he writes. "Working on this book makes me think that my whole life has been a joke."

If so, Tyson has yet to figure out the punchline. Though he has reinvented himself in recent years as a family man and vegan with enough comedic chops to act in movies, he says he lives daily with the dark past of a junkie who loved to snort cocaine and drink and was constantly preoccupied with finding women to bed.

THE ASSOCIATED PRESS

Horoscopes

♈ Aries
March 21 - April 20
Success comes to those who dare, so dare to be different and don't give two hoots what other people might say. The only thing that matters is what you say (and do).

♉ Taurus
April 21 - May 21
Don't waste time and energy completing a task that should have been over and done with by now. Your life is about to move in a radically new direction. In a matter of days, you will be working on something different.

♊ Gemini
May 22 - June 21
Set targets but don't set time limits. Keep your plans general over the next few days and let everything happen at its own natural pace, even if at times that pace seems dead slow.

♋ Cancer
June 22 - July 23
Keep your ideas simple today if you want to be taken seriously. Sometimes your thoughts get complicated and you spend more time trying to make sense of them than actually getting things done. Time to change.

♌ Leo
July 24 - Aug. 23
You may be generous but you are nobody's fool and anyone who thinks you will be taken in by a sob story today will soon realize they have made a mistake.

♍ Virgo
Aug. 24 - Sept. 23
Why waste time fussing when you can be having fun with your friends? You may have serious things to think about but you will think about them better if you are enjoying life.

♎ Libra
Sept. 24 - Oct. 23
You seem to be on duty all the time and you really must call a halt. Take a break if you need it today and over the weekend. In fact, take a break if you don't need it — just to make the point that no one owns you.

♏ Scorpio
Oct. 24 - Nov. 22
You have worked hard for what you've got and will have to work hard to keep it. Is someone going to take it away from you? No! But don't be careless and give it away.

♐ Sagittarius
Nov. 23 - Dec. 21
An opportunity will arrive out of the blue tomorrow or over the weekend and you must not hesitate to make use of it. The planets warn if you don't move immediately it won't be with you long, so get it together.

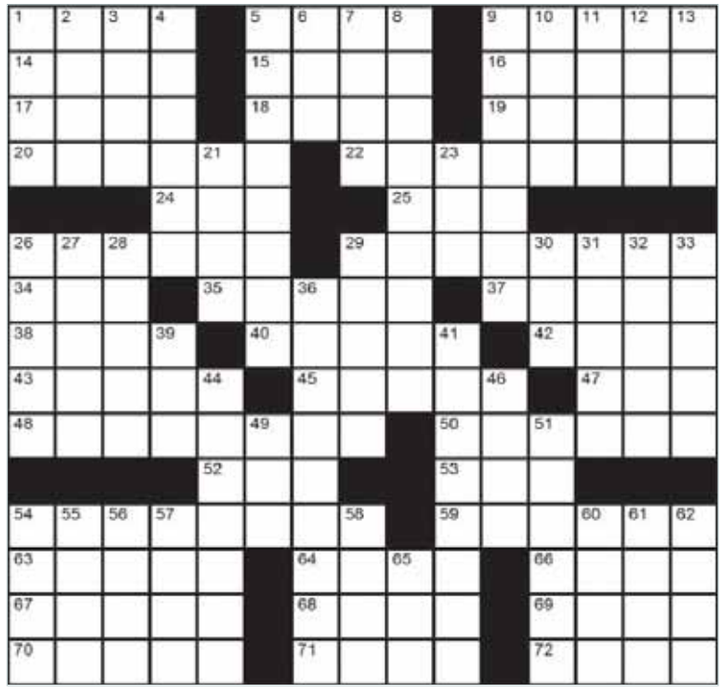
♑ Capricorn
Dec. 22 - Jan. 20
No one is perfect, so don't beat yourself up for mistakes you have made. The fact that you got something wrong is evidence that you tried something different, which is more than most people do.

♒ Aquarius
Jan. 21 - Feb. 19
Are you pleased by what you have achieved or annoyed by what you have failed at? The way you answer says a lot about your state of mind. Be positive: Yesterday's failures lead to tomorrow's successes.

♓ Pisces
Feb. 20 - March 20
Strive to see the good in everyone today, even people who you can't stand the sight of. They have simple human failings, like you. **SALLY BROMPTON**

Crossword: Canada Across and Down

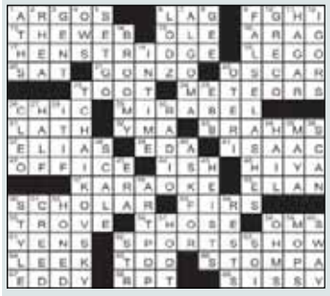
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. Cough-drops-needing sound effect
5. "Moneytalks" band
9. "Poppycock!"
14. Scottish songstress
15. But: Spanish
16. "Orange Sky" singer Mr. Murdoch
17. Tournament parts, __. rounds
18. __ de soie (Silk cloth)
19. Riskiness
20. Canadian TV network
22. North American animal scientifically called 'Canis lupus': 2 wds.
24. Amaze
25. Road surface
26. Scorpio is a sign in it
29. Cranky
34. Grand Opry link
35. Country neighbouring Oman
37. Pago Pago's land, American __
38. World's longest river
40. L'__ (Cosmetics brand)
42. Saws
43. Wickednesses
45. Do some PI work: 2 wds.
47. Arrange
48. Icon areas on computers
50. Sitcom fare
52. High card
53. Isthmus of __ (Malay Peninsula part)
54. Dried meat of game
59. Heralded
63. Heart of the __ (Gem in 1997's "Titanic")
64. "__ & Leopold" (2001)
66. Keep
67. Hog not
68. Sort of sword
69. Pizzeria part
70. In the golf cup
71. Interpret, __ into
72. __ a soul

Down
1. "Get __ Up" by John Mellencamp
2. Bobby or Brett of hockey
3. Film director Mr. Petri
4. City in India
5. Gig for Steve Jobs' successor Tim Cook: 2 wds.
6. So-so grade
7. Downer
8. City on Vancouver Island
9. Ancient paper
10. Did in, dragon fight style
11. Saver of someone
12. Botanical leaf-to-stem angle
13. Canadian country legend/yodeller
Mr. Carter (b.1904 - d.1996)
21. On the road
23. Use up
26. Partitioned
27. __ green
28. Cold cuts counters, commonly
29. Baby bird sounds
30. Quebec 'lake'
31. Charm
32. Illustrious
33. Like a satisfying snack
36. Andrew Scheer, as he is addressed by MPs in the House of Commons: 2 wds.
39. Wapiti
41. Defence contractor, __ Martin Canada
44. __ glass windows
46. A Doll's House wife
49. Job [abbr.]
51. House: French
54. Victoria Beckham, as a Spice Girl
55. Grand Canyon sound
56. Repast
57. She-horse
58. Neck's back
60. Volcano flow-er
61. At all
62. Disavow
65. Coffee alternative

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

3	2						4	5
	9			5			8	
		7	3		4	1		
			2		9			
9								4
			1		5			
		4	7		8	3		
	3			6			9	
8	6						2	7

Yesterday's Sudoku

3	4	7	2	8	5	6	1	9
8	1	5	3	6	9	2	7	4
6	2	9	7	1	4	8	5	3
9	6	2	1	4	3	5	8	7
1	8	4	9	5	7	3	2	6
5	7	3	6	2	8	9	4	1
4	3	8	5	7	6	1	9	2
2	5	6	4	9	1	7	3	8
7	9	1	8	3	2	4	6	5

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Saturday 3°/1° Rain and snow 90%
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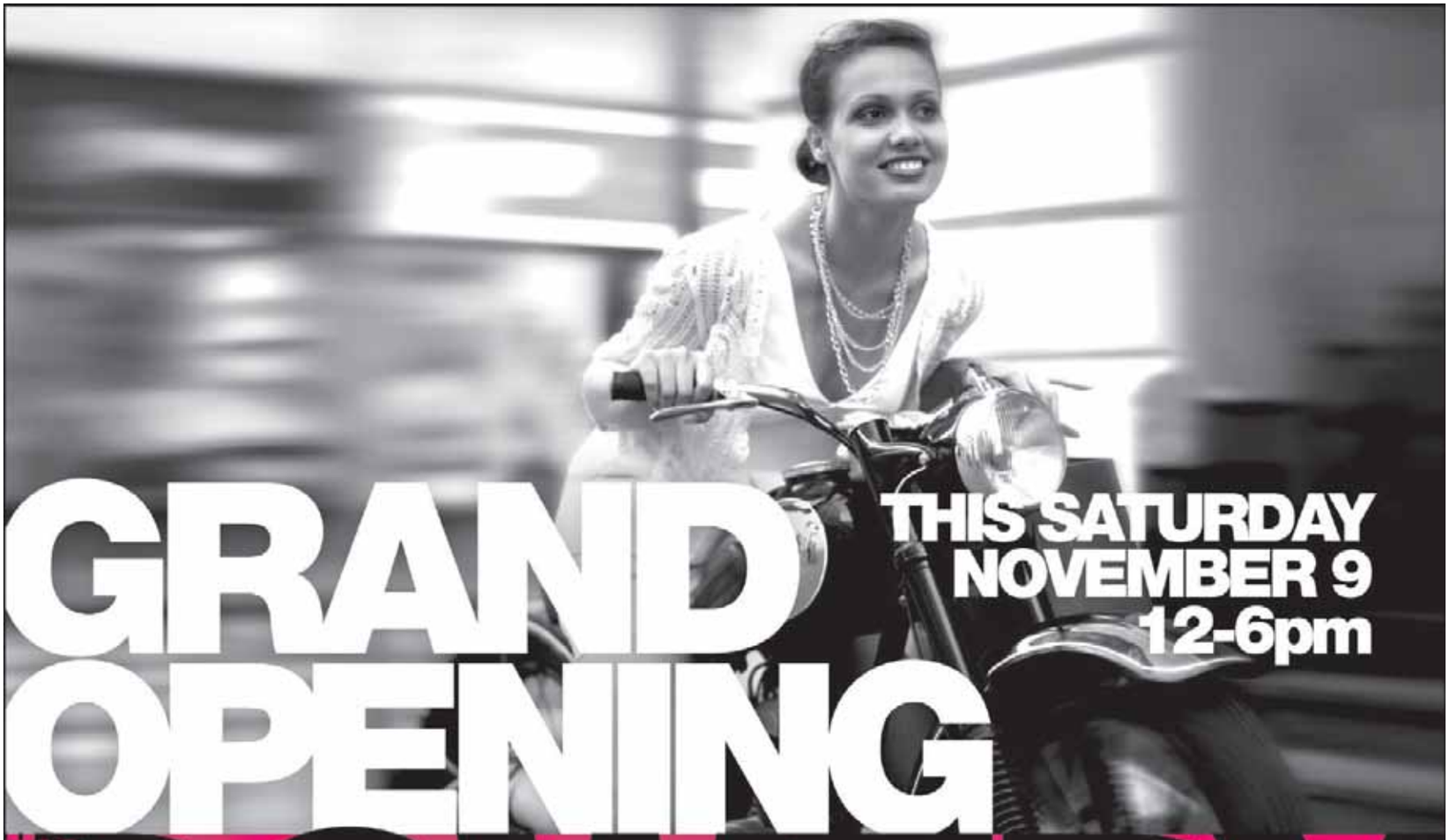

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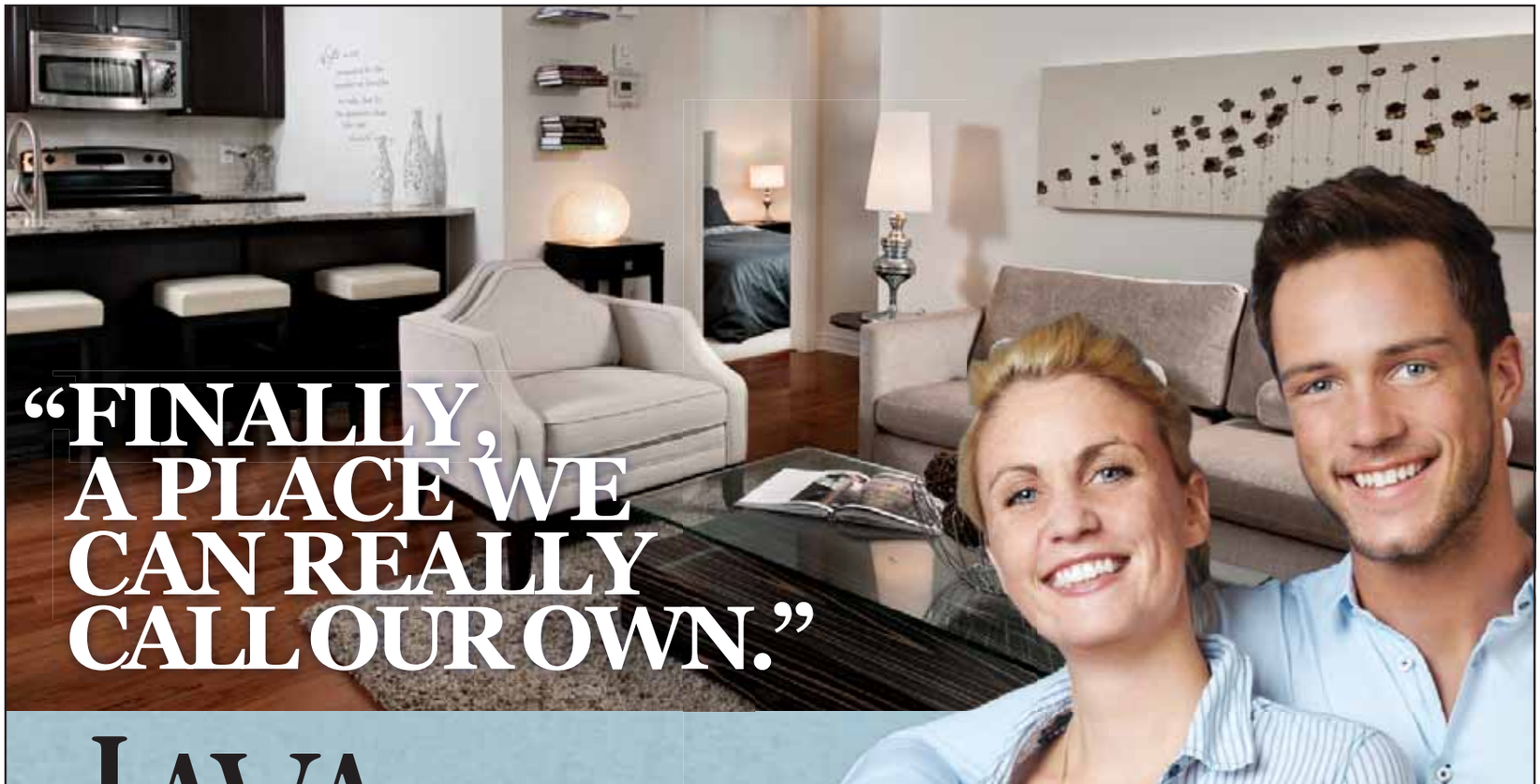

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